

Community Services Central Zone

Central Zone Services for Stroke Survivors

Listed below are some non-AHS service providers which may be helpful for stroke survivors.

Community Programs & Resources

- [Central Alberta Brain Injury Society \(CABIS\)](#)
- [Golden Circle Senior Resource Centre](#)
- [Red Deer Lifeline](#)

Counseling Services

- [Catholic Social Services](#)
- [Family Services of Central Alberta](#)
- [Find Your Local Family & Community Support Services in Central Zone \(FCSS\)](#)

Home-Making Services / Home Supports / Accompaniment to Appointments

- [Helping Hands Home Support Services](#)
- [Nurse Next Door Home Care Services](#)
- [Comfort Keepers - Red Deer](#)

Nutrition

- [Red Deer Food Bank](#)
- [The Mustard Seed](#)
- [Meals on Wheels – Red Deer](#)
- [The Salvation Army Red Deer](#)

Rehabilitation

- [NeuroSask - School of Rehabilitation Science](#)

Short Term Equipment Loans

- [Canadian Red Cross](#)
- [The Lending Cupboard](#)

Support Groups

- [Red Deer Action Group Society](#)

Transportation

- [City of Red Deer Action Bus \(Paratransit\) Transportation](#)
- [Associated Cab Para Transit](#)

Vocational Services

- [Employment & Support Services \(EPSS Red Deer\)](#)