

Community Services Lethbridge

Lethbridge and Area Services for Stroke Survivors

Listed below are some non-AHS service providers which may be helpful for stroke survivors.

Caregiver Support

- [Peer Support Programs – Lethbridge Senior Citizens Organization \(lethseniors.com\)](https://lethseniors.com)
 - Stroke Care Partner Support

Equipment

- [Lethbridge Office - Alberta - Canadian Red Cross](#)
- [Taber Equipment Locker \(taberspecialneeds.org\)](https://taberspecialneeds.org)

Meals

- [Meals on Wheels Lethbridge – meals on wheels](#)
- [Heart to Home Meals - Welcome! - Heart to Home Meals - Canada](#)

Rehabilitation

- [Seniors' day programs, St. Michael's Health Centre - Covenant Health](#)
 - Geriatric Community Rehab
 - Bridges
- [BIRS — Redi](#)

Stroke Information and Support

- [Peer Support Programs – Lethbridge Senior Citizens Organization \(lethseniors.com\)](https://lethseniors.com)
 - Stroke Care Partner Support
 - Stroke recovery association

Transportation / Driving Assessment

- [LSCO Drive Happiness – Lethbridge Senior Citizens Organization \(lethseniors.com\)](https://lethseniors.com)
- [Access-A-Ride | City of Lethbridge](#)
- [Simply Delivery](#)

Vocational Services

- [Ability Employment \(abilityresource.ca\)](https://abilityresource.ca)

Wellness, Fitness and Recreation Programs

- [Keep In Touch Program • Volunteer Lethbridge](#)