

# Well on Your Way

Helping Youth Transition to Adult Healthcare



## Pediatric Transfer Plan:

### 1. Transition to a Family Doctor:

You may be seeing a pediatrician (a doctor who cares for children). When you transfer to adult healthcare, you will need to see a family doctor instead. Use this form to help plan your transition to a family doctor.

<b>Pediatrician:</b> Name, Address & Contact Information	
<b>Family Doctor:</b> Name, Address & Contact Information	
<b>How will information be transferred</b> and knowledge about your condition exchanged with the new family doctor?	

### 2. Transfer of Care to Adult Provider/Clinic/Program:

For each of the pediatric clinics/programs you attend, ask your healthcare team about the type of doctor(s) and/or healthcare provider(s) you will need to see as an adult and how your care is going to be transferred to them.

It's good to ask early so you'll know what to expect and can prepare for the changes ahead!  
Some key things to discuss:

- Where your care is being transferred
- When this will occur
- How the transfer process works
- What information is being sent to your new specialist(s)

Use the following page to record contact information and each clinic's transfer plans.

**Note:** If you attend more than one pediatric clinic, use one page for each clinic you attend.

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## Transition to Adult Provider/Clinic/Program

Pediatric Clinic	
Name & Location/Address of Adult Clinic	
Contact Name & Phone Number for Adult Clinic	
Emergency Contact Information for Adult Clinic	
When will my care be transferred? At what age? When will my last pediatric appointment be?	
How does the transfer process work? Does the adult clinic call me to book an appointment or do I need to call them?	
What health information is transferred? And how?	
When will my first appointment with the adult clinic be? How long after my last pediatric appointment?	
Additional information	