

Well on Your Way

Helping Youth Transition to Adult Healthcare



EDMONTON TRANSITION RESOURCES

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ALBERTA HEALTH SERVICES

Addiction and Mental Health: Caregiver Education	780-415-0074
Complex Service Needs Initiative	780-644-4677
Glenrose Rehabilitation Hospital	780-735-7999
Stollery Children's Hospital	780-407-8822

CONDITION-SPECIFIC

Autism

Autism Edmonton	780-453-3971
Autism Edmonton Occasio program	780-453-3971
Autism Society Alberta	1-877-777-7192
Centre for Autism Services Alberta	780-488-6600
Children's Autism Services of Edmonton	780-495-9235
Glenrose Rehabilitation Hospital Autism Clinic (pediatric)	780-735-6134
Glenrose Rehabilitation Hospital Adult Autism Diagnostic Clinic	780-735-6134

Brain injury

Brain Care Centre	780-477-7575
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Cancer

Kids with Cancer Society	780-496-2459
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Cerebral Palsy

Cerebral Palsy Alberta	780-477-8030
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Chronic Pain

Better Choices Better Health®	780-401- 2665
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Cystic Fibrosis

Cystic Fibrosis Canada	780-466-2265
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Developmental Disabilities

Alberta Association for Supported Employment	
Arch Enterprises (for persons with PDD funding)	780-438-4347
Chrysalis Employment Readiness Program (for persons with PDD funding)	780-454-9656
EmployAbilities	780-423-4106

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Excel Society (for persons with PDD funding)	780-455-2601
Gateway Association	780-454-0701
Goodwill Industries (for persons with PDD funding)	519-850-9000
Inclusion Alberta	1-800-252-7556
On-site Placement	780-488-8122
People with Disabilities- Day Programs/ Employment Services (directory)	
Persons with Developmental Disabilities (Government of Alberta)	780-427-4354
Selections Career Support Services	780-461-5270
Winnifred Stewart Association (for people with PDD funding)	780-453-6707
<i>Down Syndrome</i>	
Edmonton Down Syndrome Society	780-944-4224
<i>Eating Disorders</i>	
Eating Disorder Support Network of Alberta	780-729-3376
<i>Epilepsy</i>	
Edmonton Epilepsy Association	780-488-9600
<i>Fetal Alcohol Syndrome</i>	
Edmonton and Area Fetal Alcohol Network	647-789-2000
Bissell Centre Fetal Alcohol Spectrum of Services	780-451-6900
<i>Multiple Sclerosis</i>	
MS Society	1-800-268-7582
<i>Muscular Dystrophy</i>	
Muscular Dystrophy of Canada	1-800-567-2873
<i>Rare Disorders</i>	
Canadian Organization for Rare Disorders	1-877-302-7273

Rheumatic Diseases

[Cassie + Friends](#)

[Alberta Rheumatology](#)

[Arthritis Society](#)

Spina Bifida and Hydrocephalus

[Spina Bifida and Hydrocephalus Association of Northern Alberta](#)

780-451-6921

Spinal Cord Injury

[Spinal Cord Injury Alberta](#)

780-424-6312

Tourette

[Tourette Canada - Edmonton Chapter](#)

SUPPORTS FOR PEOPLE WITH DISABILITIES

[Adaptabilities](#)

780-431-8446

[Alberta Council of Disability Services](#)

403-250-9495

[Advocate for Persons with Disabilities](#)

1-800-272-8841

[Alberta Human Rights Commission](#)

780-427-7661

[Chrysalis](#)

780-454-9656

[City of Edmonton Resources for People with Disabilities](#)

780-496-4917

[City of Edmonton Services for People with Disabilities](#)

Call 3-1-1

[Canadian Mental Health Association Edmonton Resources](#)

Call 2-1-1

[Easter Seals Alberta](#)

780-429-0137

[Entrust](#)

780-760-1091

[Gateway Association](#)

780-454-0701

[Inclusion Alberta](#)

780-451-3055

[L'Arche Edmonton](#)

780-465-0618

[Leduc LINX Connect Centre](#)

780-980-9423

[Mira Facilitation Centre](#)

780-450-9414

[Robin Hood Association](#)

780-467-7140

[Skills Society](#)

780-496-9686

[Voice of Albertans with Disabilities](#)

780-488-9088

NEW ARRIVALS TO CANADA

Edmonton Immigrant Services Association	780-474-8445
Edmonton Mennonite Center for Newcomers	780-423-9691
Edmonton Newcomer's Guide to Edmonton (resource guide)	
Multicultural Family Resource Society	780-250-1771
Multicultural Health Brokers	780-423-1973

EDUCATION

Junior High / High School

Edmonton Academy	780-482-5449
Edmonton Catholic Schools	780-441-6000
Edmonton Christian Schools	780-476-6281
Edmonton Public Schools	780-429-8000
Edmonton Public Schools Alternate High School Completion	780-437-8119
Edmonton Public Schools Metro Continuing Education	780-428-1111
Edmonton Public Schools Transition Support Program (L.Y. Cairns)	780-434-9561

Post-Secondary

Concordia University Inclusive Post-Secondary Education	780-479-8481
Concordia University Learning Accommodation Services	780-479-8481
Edmonton Post-Secondary Schools	780-944-5555
MacEwan University Services to Students with Disabilities	780-497-5886
MacEwan University Campus Connections	780-497-5886
Norquest, Services for Students with Disabilities	780-644-6055
Norquest, Transitions to Employment Program	780-644-6000
Northern Alberta Institute of Technology, Learning Services	780-378-6135
University of Alberta Academic Accommodations	780-492-3381

Funding

Alberta Grant for Students With Disabilities	1-855-606-2096
Canada Student Grant for Service and Equipment for students with permanent disabilities	
Inclusion Alberta: post-secondary education	1-800-252-7556
Mattison Scholarship Program	
The NEADS National Student Awards Program	1-877-670-1256

[Richard Haskayne Scholarship \(autism\)](#) 403-210-5000
[University of Alberta Summer Career Camp](#) 780-492-4291

Other

[Centre for Family Literacy](#) 780-421-7323
[Disability Related Employment Supports \(DRES\)](#) 780-644-9992
[Alberta Community and Social Services](#)

EMPLOYMENT AND DAY PROGRAMS

Employment (General)

[Alberta Association for Supported Employment](#)
[EmployAbilities](#) 780-423-4106
[Gateway Association](#) 780-454-0701
[Inclusion Alberta](#) 1-800-252-7556
[McBride Career Groups Inc.](#) 780-448-1380
[On-site Placement](#) 780-488-8122
[Selections Career Support Services](#) 780-461-5270

Employment (PDD funded)

[Arch Enterprises](#) 780-438-4347
[Chrysalis Employment Readiness Program](#) 780-454-9656
[Excel Society](#) 780- 455-2601
[Goodwill Industries](#) 519-850-9000
[People with Disabilities- Day Programs/ Employment Services](#) (directory)
[Persons with Developmental Disabilities \(Government of Alberta\)](#) 780-427-4354
[Winnifred Stewart Association](#) 780-453-6707

Day programs (PDD funded)

[Chrysalis](#) 780-454-9656
[Classic Life Care](#) 780) 428-2750
[Centre for Autism Services Alberta](#) 780-488-6600
[Entrust](#) 780-760-1091
[EXCEL Society](#) 780-455-2601
[L'Arche Edmonton](#) 780-465-0618
[Learning Inclusion Networking X-cellence](#) 780-980-9423

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LoSeCa Foundation	780-460-1400
Mira Facilitation Centre	780-450-9414
McMan Youth Family and Community Services	780-482-4461
Robin Hood Association	780-467-7140
Winnifred Stewart Association	780-453-6707

INDEPENDENT LIVING

Housing and Independent Living Supports

Adaptabilities	780-431-8446
Bissell Centre	780-423-2285
Canadian Mental Health Association Edmonton	780-414-6300
Civida	780-420-6161
Catholic Social Services	780-432-1137
E4C	780-424-7543
Edmonton Residential Aide Placement Services	780-425-5293
Edmonton Integrated Services	780-702-1733
Entrust	780-760-1091
EXCEL Society	780-455-2601
Good Samaritan Society	780-431-3600
HomeEd Mixed Income Housing Edmonton	780-474-5706
Homeward Trust	780-496-2630
Hope Mission	780-422-2018
L'Arche Edmonton	780-465-0618
Learning Inclusion Networking X-cellece	780-980-9423
LoSeCa Foundation	780-460-1400
McMan Youth Family and Community Services Association	780-482-4010
Northern Alberta Cooperative Housing Association	780-482-6128
Right at Home Housing Society	780-423-1339
Robin Hood Association	780-467-7140
Saint Vincent de Paul	780-471-5577
Skills Society	780-496-9686
Transitions Building New Tomorrows	780-458-7371
Winnifred Stewart Association	780-453-6707

[YESS Youth Empowerment and Support Services](#) 780-468-7070
[YMCA](#) 780-429-9622

Financial and Legal

[Alberta Supports](#) 1-877-644-9992
[Assured Income for the Severely Handicapped \(AISH\)](#) 1-800-232-7215
[Office of the Public Guardian and Trustee](#) 780-427-0017

Recreation and Fitness

[ACT Aquatic and Recreation Centre](#) Call 3-1-1
[Alberta Soccer Association Soccabilities Program](#) 780-474-2200
[The Alberta Cerebral Palsy Sports Association](#)
[Autism Edmonton Occasio program](#) 780-453-3971
[Bethel Bible Camp](#)
[Camp He Ho Ha](#) 780-429-3277
[Canadian Association for Disabled Skiing Alberta](#) 780-427-8104
[Centre for Autism Services Alberta](#) 780-488-6600
[Challenger Baseball \(Baseball Alberta\)](#) 780-427-8943
[Choral Morphosis](#) 780-964-4860
[City of Edmonton Leisure Access Pass \(for low income\)](#) Call 3-1-1
[Dreamcatcher Nature Assisted Therapy](#) 780-809-1047
[Dynamyx Gymnastics Club I Can Gymnastics](#) 780-458-3153
[Easter Seals Access 2 Program](#) 1-877-376-6362
[Extreme Edge Adaptive Skating Program](#) 780-456-6851
[Edmonton Persons with Disabilities](#) Call 3-1-1
[Family Fun Edmonton](#)
[Little Bits Therapeutic Riding Association](#) 780-476-1233
[University of Alberta Swimabilities](#)
[The Nina: Community Art Night for Adults](#) 780-474-7611
[Paralympic Sports Association](#) 780-439-8687
[Qi Adventure Club](#) 780-554-8745
[Special Olympics Alberta \(Edmonton\)](#) 780-448-1886
[The Steadward Centre for Personal & Physical Achievement](#) 780-492-3182
[Wheelchair Sports Alberta](#) 780-427-8699
[You Can Ride 2](#)

Transportation

Alberta Motor Association Driver's Ed on-line curriculum	1-833-374-8733
Glenrose Rehabilitation Hospital Driver Evaluation and Training Services	780-735-7938
Edmonton Transit Service	Call 3-1-1
Disabled Transit Service (DATS)	780-496-4567
Edmonton Transit Service – Accessibility	Call 3-1-1
St. Albert Transit	780-418-6060
St. Albert Transit Handibus	780-418-6060
Strathcona County Transit	780-464-7433
Strathcona County Mobility Bus	780-449-9680

Community Access and Advocacy

ADHD Association of Greater Edmonton	
Caregivers Alberta	780-453-5088
City of Edmonton Services	Call 3-1-1
Family and Community Support Services Program	Call 3-1-1
Classic Life Care	1-888-263-5168
Dickinsfield Amity House	780-478-5022
Dogs with Wings Assistance Dog Society	780-944-8011
E4C	780-424-7543
Edmonton Food Bank	780-425-4190
Edmonton Youth Programs	780-944-7421
Edmonton Support Programs	780-944-5555
Edmonton John Howard Society	780-428-7590
Edmonton Police Service – JR/SR High School Students	1-866-777-0815
Elizabeth Fry Society	780-421-1175
Inner City Youth	780-424-9425
Kids On Track	780-481-2942
Learning Disabilities Association of Alberta- Edmonton	780-466-1011
McMan Youth Family and Community Services	780-482-4010
Norwood Child and Family Resource Centre	780-471-3737
Outloud St. Albert	
Pride Centre of Edmonton	780-488-3234
Youth Empowerment & Support Services (YESS)	780-468-7070
The Red Road Healing Society	780-471-3220

YMCA Youth Supports	780-429-9622
WECAN Food Basket Society	780-413-4525

HEALTH

Medical

Alberta Dental Association & College: Find a Dentist	780-432-1012
Glenrose Rehabilitation Hospital Sexual Health Service	780-735-7999
Pediatric Centre for Weight and Health	

Mental Health

Access Open Minds	780-342-2701
Alberta Health Services Mental Health Intake	780-342-2710
Caregiver Education for the Edmonton Zone	780-415-0074
Canadian Mental Health Association Edmonton Region	780-414-6300
Child, Adolescent and Family Mental Health (CASA)	780-400-2271
City of Edmonton Counselling Services	Call 2-1-1
Edmonton Crisis Unit Mental Health Phone Line	780-427-3390
Momentum Walk-in Counselling	780-757-0900
Prosper Place Clubhouse	780-426-7861
University of Alberta Students' Union – Peer Support Centre	780-492-4357
Urban Isolation & Mental Health	

Social and Emotional Supports

Canadian Native Friendship Centre	780-761-1900
The Family Centre	780-900-5934
Jewish Family Services	780-454-1194
KARA Family Resource Centre	780-478-5396
Learning Disabilities Association of Alberta – Edmonton Chapter	780-466-1011
Upopolis Kids Health Links Foundation	905-817-1717
Winnifred Stewart Association	780-453-6707