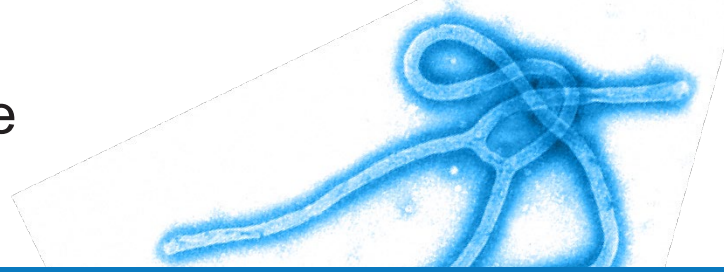


Ebola Symptom Quick Reference Document for AHS People



Following my potential exposure to the Ebola virus (for example, due to a recognized or potential breach in PPE during patient care or environmental cleaning, or potential contamination while doffing PPE), I have developed symptoms

– WHAT DO I DO NOW? ”

1. Immediately self-isolate by avoiding contact with other persons.
2. If **Emergency** treatment is required, then call 911. Inform EMS Dispatch that you have been “identified as a person exposed to an individual with suspected or confirmed Ebola”.
3. If you do not require immediate emergency treatment, then contact Workplace Health & Safety (WHS) by dialing **1-855-450-3619** (AHS & APL staff only). WHS will liaise with Public Health to ensure that you receive proper guidance about where and how you should safely obtain medical assessment and care. Part of this guidance will include instructions and information for your family members.
4. If WHS cannot be reached, or if you are not an AHS or APL employee, then call Health Link (811). Be sure to mention on the telephone that you have been “identified as a person exposed to an individual with suspected or confirmed Ebola”. Health Link will then provide guidance about where and how you should safely obtain medical assessment and care. Part of this guidance will include instructions and information for your family members.
5. The development of symptoms following potential exposure to the Ebola virus will understandably lead to significant concern, not only for you, but also your family and co-workers. You will receive prompt assessment and care, including consultation with the Medical Officer of Health and an Infectious Disease specialist. WHS will also work collaboratively with Public Health and other partners to ensure that you, your family, and your co-workers receive the support required to cope with the situation and to feel safe.