

This material is for information purposes only. It should not be used in place of medical advice, instruction and/or treatment. If you have questions, speak with your doctor or appropriate healthcare provider.



## Insulin Scale – 2 mmol/L Increments

Insulin Scale					
Blood Sugar Values (mmol/L)	Breakfast Insulin	Lunch Insulin	Supper Insulin	Bedtime Insulin	
Less than 4.0					
4.1 to 6.0					
6.1 to 8.0					
8.1 to 10.0					
10.1 to 12.0					
12.1 to 14.0					
14.1 to 16.0					
16.1 to 18.0					
18.1 to 20.0					
More than 20.1					
<b>Adjustment</b>					
<b>Comments for Long Acting</b>					