

Community Wellness Services and Supports:

Health Link (24/7): 811

Mental Health Help Line (24/7): 1-877-303-2642

Mental Health Services: 780-793-8360 **Addiction Helpline(24/7):** 1-866-332-2322

Addiction Services: 780-793-8360

Community Health Services/Public Health: 780-791-6247

Community and Social Services (24/7): 211 SOS—Crisis Line (24/7): 780-743-HELP (4357)

Victim Services: 780-788-4250

RMWB Family & Community Support Services (FCSS):

780-743-7910

First Nations and Inuit Hope for Wellness Help Line:





Todos experimentamos el incendio forestal.

Nos afectará a todos de forma diferente.

La recuperación toma tiempo.

Sea amable consigo mismo y con
los demás.

Hay ayuda disponible.



Servicios y apoyos comunitarios: Community Wellness Services and Supports:

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First Nations and Inuit Hope for Wellness Help Line:





ኩልና ባርዕ ሓዊ (wildfire) ኣጋጢምና ይፈልጥ እዩ። ንኹልና ብዝተፈላለየ መንገዲ እዩ ዝፀልወና። ናይ መሕወዪ ዕዩታት ሰዓት። ንንዛእርእስኻ ሕያዋይ ኩን፣ ንካልአት እውን ሕያዋይ ኩን። ደገፍ ክትረክብ ትኸእል ኢኻ።



ናይ ማሕበረኮም ኣገልግሎታትን ደገፋትን: Community Wellness Services and Supports:

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تعرضنا جميعًا للحريق الهائل. وسيؤثر فينا كلنا بأشكال مختلفة. التعافي يستغرق الوقت. تحلَّ بالرفق مع نفسك ومع الآخرين. المساعدة متاحة.



الخدمات وصور الدعم المجتمعية:

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kahkiyaw kikîmôsihtânaw kâkîmisikwâkotêk mînowin âskaw pêhcipayin kisêwâtotâso, kisêwâtotaw kotakak kâkîwîcihikawin



mâmawinitowin kâwîcôhkamâkecik êkwa nîsohkamâkêwin:

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Nuhní dëne horelyų nuhexél horek'ą nodher ní. Kulí horelyų t'ą beł nodher si zëdų has i.

Ku zeyı t'a nets'edá hádé 21 ghą haılé sı. Dué zëdénųldhį soną chú honezí dëne tth'i bets'en sughuá nųdhį la. Dëne ts'edí tth'i ha hozasí.



Ku zeją honaré t'ą dëne ts'eranı sı zeją sı: <u>Communi</u>ty Wellness Services and Supports:

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Nous avons tous subi l'incendie. Ses effets se manifesteront différemment sur chacun de nous.

Il faut du temps pour se remettre.

Prenez soin de vous, prenez soin des autres.

Des programmes d'assistance existent pour vous aider.



Programmes d'assistance et services communautaires:

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जंगल की आग का प्रभाव हम सबको पता है। यह हम सबको बहुत अधिक प्रभावित करती है। इससे उबरने में लंबा समय लगता है। अपना भी ध्यान रखें और दूसरों का भी। सहायता उपलब्ध है।



सामुदायिक सेवाएँ एवं सहायताः

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我们都经历了火灾。 我们每个人都不同程度的受到了影响。 恢复是需要时间的。 善持自己,善待他人。 可提供帮助。



社区服务与支持:

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Naranasan nating lahat ang wildfire. Lahat tayo ay maaapektuhan nito sa iba't ibang paraan. Kailangan ng panahon upang makabangon. Maging mabait sa iyong sarili, maging mabait sa iba.

May makukuhang tulong.



Mga Serbisyo at Suporta ng Komunidad:

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