

## Flood-related Wound Care and Tetanus Guidance

### **I HAVE A WOUND, WHAT DO I DO?**

If you have an open wound (cut, scrape, or puncture) that has been in contact with soil, feces, sewage or floodwaters:

1. Clean it immediately and thoroughly with soap and warm water;
2. Apply an antibiotic ointment to reduce risk of infection; and,
3. See a physician to receive a booster dose of tetanus vaccine within two to three days of contamination, **ONLY IF** you have **not** received a tetanus vaccination in the past five years.

### **WHERE CAN I GET A BOOSTER DOSE OF MY TETANUS VACCINATION?**

- Some family doctors. Call ahead to confirm
- Some walk-in clinics. Call ahead to confirm.
- Urgent Care Centres.

**If you are concerned about your wound, seek medical attention, or call Health Link Alberta at 1.866.408.5465.**

**For more information, including the precautions you must take to protect yourself from injury and illness during flood clean-up activities:**

- call Health Link Alberta at 1-866-408-5456 (LINK); or,
- visit [www.albertahealthservices.ca/flood](http://www.albertahealthservices.ca/flood)