I HAVE A WOUND, WHAT DO I DO?

If you have an open wound (cut, scrape, or puncture) that has been in contact with soil, feces, sewage or floodwaters:

1. Clean it immediately and thoroughly with soap and warm water;
2. Apply an antibiotic ointment to reduce risk of infection; and,
3. See a physician to receive a booster dose of tetanus vaccine within two to three days of contamination, **ONLY IF** you have **not** received a tetanus vaccination in the past five years.

WHERE CAN I GET A BOOSTER DOSE OF MY TETANUS VACCINATION?

- Some family doctors. Call ahead to confirm
- Some walk-in clinics. Call ahead to confirm.
- Urgent Care Centres.

If you are concerned about your wound, seek medical attention, or call Health Link Alberta at 1.866.408.5465.

For more information, including the precautions you must take to protect yourself from injury and illness during flood clean-up activities:

- call Health Link Alberta at 1-866-408-5456 (LINK); or,
- visit [www.albertahealthservices.ca/flood](http://www.albertahealthservices.ca/flood)

June 27, 2013