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Fort McMurray Mental Health and Wellness Resources

As part of its post-wildfire Community Wellness and Recovery Plan, Alberta Health Services (AHS) wants to ensure people know that mental health and wellness supports are available.

Don't be afraid to reach out for help.

Available service and resources include:

Community Addiction and Mental Health Intake and Referral Services

10217 Queen St.

Weekdays from 9 a.m. to 9:15 p.m.

No appointment is required.

Walk in or call 780-793-8360 for more information.

This team provides an entry point to AHS addiction and mental health treatment services including counselling, crisis intervention and referrals for ongoing addiction and mental health treatment services.

Community Addiction and Mental Health Intake and Referral Services may refer to one of the following services, some of which can also be accessed directly:

Mental Health Treatment Services at Northern Lights Regional Health Centre,

7 Hospital St.

Weekdays from 8 a.m. to 4:15 p.m.

This is an appointment based service.

Call 780-793-8360, 780-791-6194 or (toll free) 1-844-777-6138 for more information and to talk with staff about specific concerns.

Mental Health Treatment Services include assessment, consultation and treatment for mental illness in adults and children.

Assertive Outreach Services

10217 Queen St.

Weekdays from 8 a.m. to 4:15 p.m.

Call 780-793-8360 for more information.

Assertive Outreach Services include programming for people with severe and ongoing mental illness or complex needs (including an addiction) requiring intensive community-based supports.

Addiction Services

10217 Queen St.

Weekdays from 8 a.m. to 4:15 p.m.

This is an appointment based service.

Call 780-793-8360 for more information.

Addiction Services include consultation and counselling services for individuals, family members and others (adults or youth) seeking help in overcoming problems associated with their own or their loved one's alcohol, other drugs, tobacco or gambling.



Fort McMurray Recovery Centre

451 Sakitawaw Tr.

Call 780-793-8300 for more information.

The Fort McMurray Recovery Centre has 16 residential treatment beds. It offers a 28-day residential program and a two-week day program for individuals living with alcohol, drug or gambling addictions.

Pastew Place Detox Centre

505 Sakitawaw Tr.

Call 780-791-2525 for more information.

Pastew Place Detox Centre is a 24/7 service that helps people detoxifying from alcohol and other drugs in a safe, controlled setting. Admission is voluntary, confidential and must be initiated by the client. Services include withdrawal support, assessment, information sessions, introduction to self-help groups, addiction treatment planning and discharge planning.

Note: Take Home Naloxone (THN) is a safe and effective harm-reduction strategy that aims to reduce morbidity and mortality related to overdoses of opioids, including fentanyl. THN can be found at the Fort McMurray Recovery Centre and is also available at some pharmacies and walk-in clinics in Fort McMurray. See www.StopODs.ca for more information.

Telephone Support Services:

Services are free and available 24/7.

Health Link: Call 811. Health Link provides health information and advice from registered nurses.

Mental Health Help Line: Call 1-877-303-2642. The Mental Health Help Line provides crisis intervention, information about mental health programs and services and referrals to other agencies if needed.

Addiction Helpline: Call 1- 866-332-2322. The Addiction Helpline is a toll-free confidential service which provides alcohol, tobacco, other drugs and problem gambling support, information and referral to services.

SOS Crisis Line: Call 780-743-HELP (4357.) The SOS Crisis Line provides telephone support 24/7 for people in crisis.