

	Session 1	Session 2	Session 3	Session 4	Session 5
7:30 - 8:30	<p><b>Come Test out Whova</b> If this is your first time using Whova, then you'll want to join this session before diving into the day. We'll cover all the basics to make sure your i4 experience is the best it can be, show you how to take advantage of networking opportunities, and be on hand to trouble shoot any difficulties you have connecting.</p>				
8:30 - 9:00	Break				
9:00 - 10:00	<p><b>Dying Without Privilege: How traditional care models fail Canada's most vulnerable</b> Highlighting the unique challenges faced by Canada's most vulnerable communities when dealing with life-limiting illnesses, innovative approaches to palliative care delivery and challenging our thinking around traditional care models. <i>Dr. Naheed Dosani, Health and Human Rights Activist, University of Toronto</i></p>				
10:00 - 10:30	Break				
10:30-11:30	<p><b>Artificial Intelligence Demystified</b> Review the concept of artificial intelligence, its applications in healthcare, and its implications for clinicians and healthcare administrators in the future. <i>Dr. Muhammad Mamdani, Unity Health Toronto, Ontario</i></p>	<p>Presented by: Dynalife, Health Quality Council of Alberta and Thrive Health <b>How to be nimble!</b> It is hard to keep up with the forces of change but these three companies will share how they pivoted in these fast and furious times.</p>	<p><b>How to Scale Local Advocacy For Health Justice: Perspectives from Alberta and Ontario</b> Lack of advocacy is a health injustice issue: how can non-Indigenous / BIPOC folks be authentic advocates? <i>Dr. Naheed Dosani, Arrow Big Smoke, Indigenous Cancer Patient Navigator, Alberta &amp; Dr. Simon Colgan, AHS Palliative Physician, Alberta</i></p>	<p><b>Magical Meetings</b> <i>This session is 90 mins</i> Wanna host meetings that no one will skip? Douglas will give you the meeting ingredients that elements of every meeting that sucks. This session will show you how to create engaging meetings. <i>Douglas Ferguson, Voltage Control, Texas</i></p>	<p><b>Next Year Is Too Late: Innovating public policy to transform health + care</b> How, where and why public policy needs to learn from tech start ups. Vass will give you the inside scoop. <i>Vasiliki Bednar, McMaster University, Ontario</i></p>
11:30 - 12:30	Lunch break	<p><b>Whova Speed Dating: Without the actual awkward dating part! 11:30 - 12:00PM</b></p>			
12:30 - 13:30	<p>Presented by: CBI Health <b>Burning Bright or Burning Out? Shifting the Burnout Mindset</b> In this workshop, Dr. Lis will demonstrate a better way to shift your thinking. Get empowered to take back your purpose and have the refreshed drive and creativity to deliver the future of health + care once again! <i>Dr. Elisabeth Saxton, National Director of Mental Health Services, CBI Health</i></p>	<p>Presented by: Alberta Innovates <b>Digital Health is a Game Changer</b> Alberta Innovates wants to help reshape and innovate the way care is delivered to patients and families. Come and join this session to find out their vision and how you can help.</p>	<p><b>Podcasting Impactful Nuance</b> Podcaster from Nuance of Impact will share how and why she started podcasting and prompting change. <i>Rebecca Nedelec, Nuance of Impact podcast, Alberta</i></p>	<p><b>Foster Care is the New Residential School</b> Come and join us for this hard but hopeful conversation on the the legacy of Indigenous residential schools and how they have evolved into the current iteration, foster care. <i>Samuel Crowfoot, Councilor, Siksika Nation</i></p>	<p><b>Tell a Story: Introductory Photo Story Workshop</b> Kristy will inspire you to document your story in a new way. Tell Your Story, share your heart. <i>Kristy Wolfe, Storytelling Photographer, Alberta</i></p>
13:30 - 14:00	Break				
14:00 - 15:00	<p><b>A Strategy for Leading Innovation</b> We all talk about being more innovative to survive the future demands in our business. But how do we do it? Vijay is going to show you how to reinvent your program while simultaneously maintaining value. Not to be missed (he is a legend). <i>Vijay Govindarajan (VG), Author of Three Box Solution, Tuck School of Business at Dartmouth</i></p>				
15:00 - 15:30	Break				
15:30 - 17:30	<p>Presented by: Healthcare Excellence Canada, Alberta Innovates, Calgary Health Foundation, Canadian College of Health Leaders, Innovate Calgary, Innovative Medicines Canada, U of C Hunter Hub. <b>Launchpad Pitch Competition</b> Watch live as the top ideas in health and care compete for glory and prizes during the i4 Launchpad Pitch Competition! Categories are: 1) Community Health + Care, 2) Mental Health and Wellness, and 3) Health Equity</p>				

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8:30 - 9:00	Break				
9:00 - 10:00	<b>A Radical Manifesto for Leaders of Health &amp; Care</b> Focusing on small systems to make big changes happen, working upstream in the care process and developing resilient leaders everywhere, and invite participants to consider not only what needs to be done but what is possible. <i>Helen Bevan, Chief Transformation Officer, National Health Services, England</i>				
10:00 - 10:30	Break				
10:30-11:30	<b>Being Adaptive: Beyond the jargon</b> "Go slow to go fast" "Live in the grey" "Be comfortable with uncertainty". Bla bla bla. Margie will take these ideas and make them concrete and tangible. <i>Margie Sills-Maerov, Thought Architects, Alberta</i>	<b>Equality in the Workplace: Are you an Ally or Accomplice?</b> Learning meaningful strategies so you can help reduce racism and make a difference for our racialized communities. <i>Debbie Barnard, Joint Commission International, United Arab Emirates</i>	<b>Mamma, In the Meantime</b> Join this inspirational workshop to hear how Tony picked up a camera in 2014 to document his aging mom's struggle with dementia. <i>Tony Luciani, Independent Fine Art Professional, Ontario</i>	Presented by: Salesforce <b>Public Health Evolution: How do we go to the future?</b> 1.5 mill people in Pima County needed access to the vaccine. Learn how Theresa and her team creatively engaged the community and faced their challenging questions. Find out what worked, what didn't, and what was pivotal to success. <i>Dr. Theresa Cullen, Public Health Director Pima County Health Department, Arizona</i>	<b>The Roaring Silence Between Us: Communicating with ASD patients</b> Simple techniques to enhance interactions with Autism Spectrum Disorder and improve their patient experience. <i>Tara Hoban, Developmental and Behavioral Consultant, Alberta</i>
11:30 - 12:30	Lunch Break	Presented by: OrigamiAi <b>How are you, really? 11:30 - 11:45AM</b> Not another yoga class. How managers can support their teams and prevent burn out. You can fill out this workplace mental health survey [add link] – optional for this session.			
12:30 - 13:30	Presented by: Healthcare Excellence Canada <b>Shaping the Future of Care Closer to Home for Older Adults</b> How would you prefer to age? At home or in a home? Join Maryanne and patient advisors to hear how Canada is redefining the choices you have!	<b>The Melody of Mental Health</b> Mental health is like good music! Matt, a musician, will teach us 5 things about our own mental health. <i>Matt Day, Entertainer/Motivational Speaker, Alberta</i>	<b>Back to School: Positivity into practice</b> Come and learn techniques that Matt uses with hundreds of young people that you can steal to excite your teams and boost workplace culture. <i>Matt Leung, Alberta Recreation and Parks Association, Alberta</i>	<b>Walking Together: Understanding the consequences of intergenerational trauma</b> The signs and evidence of intergenerational trauma and what we can do as individuals to identify and address is with empathy and understanding. <i>Dr. Quintina Adolpho, Siksika Health, Alberta</i>	<b>A Starting Point to Visualizing Ideas</b> A Picture is Worth a 1000 Words Join Randall to learn easy ways to illustrate your ideas when words won't do. If you think you can't draw, this class is for you. <i>Randall Wiebe, Rosebud School of the Arts, Alberta</i>
13:30 - 14:00	Break				
14:00 - 15:00	<b>Bringing HUMANITY into the Workplace</b> Leading with the Heart. What could it look like if we are 100% human at work? You will walk away with methodologies to create strategies towards action that will drive a culture of motivation and collective energy. <i>Claude Silver, Chief Heart Officer, Vayner Media, New York</i>				

Special thanks to our partners!

