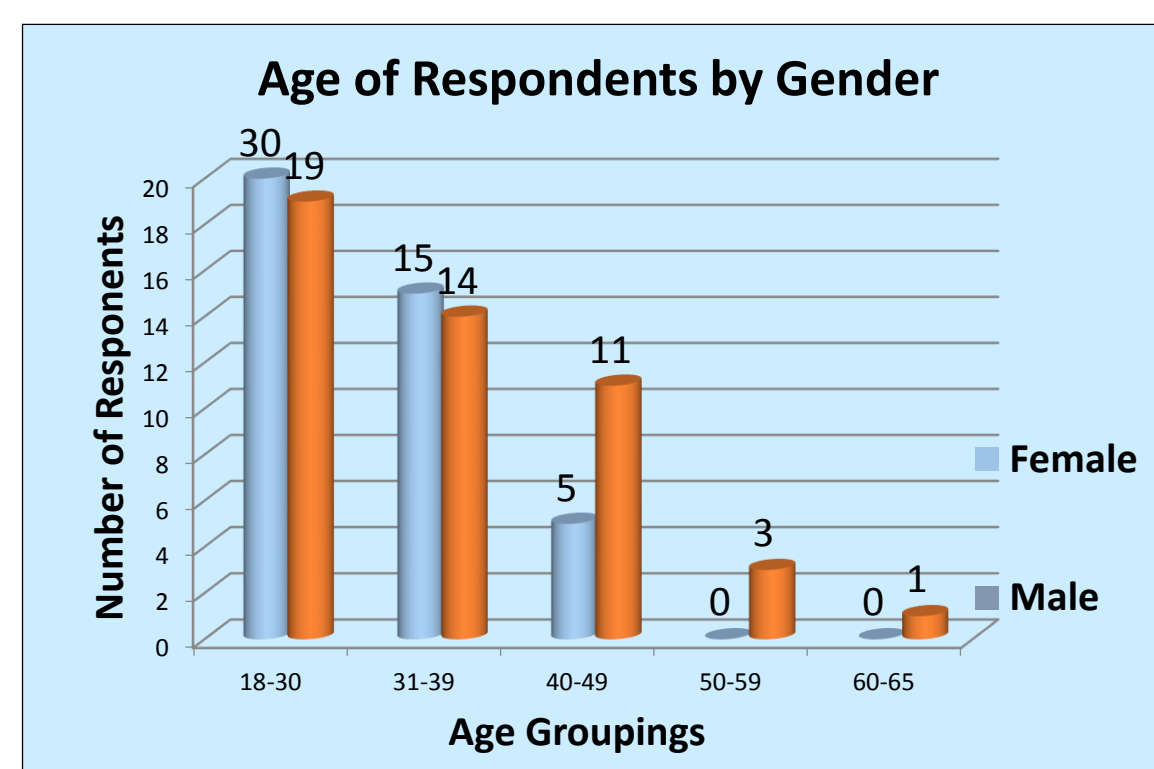
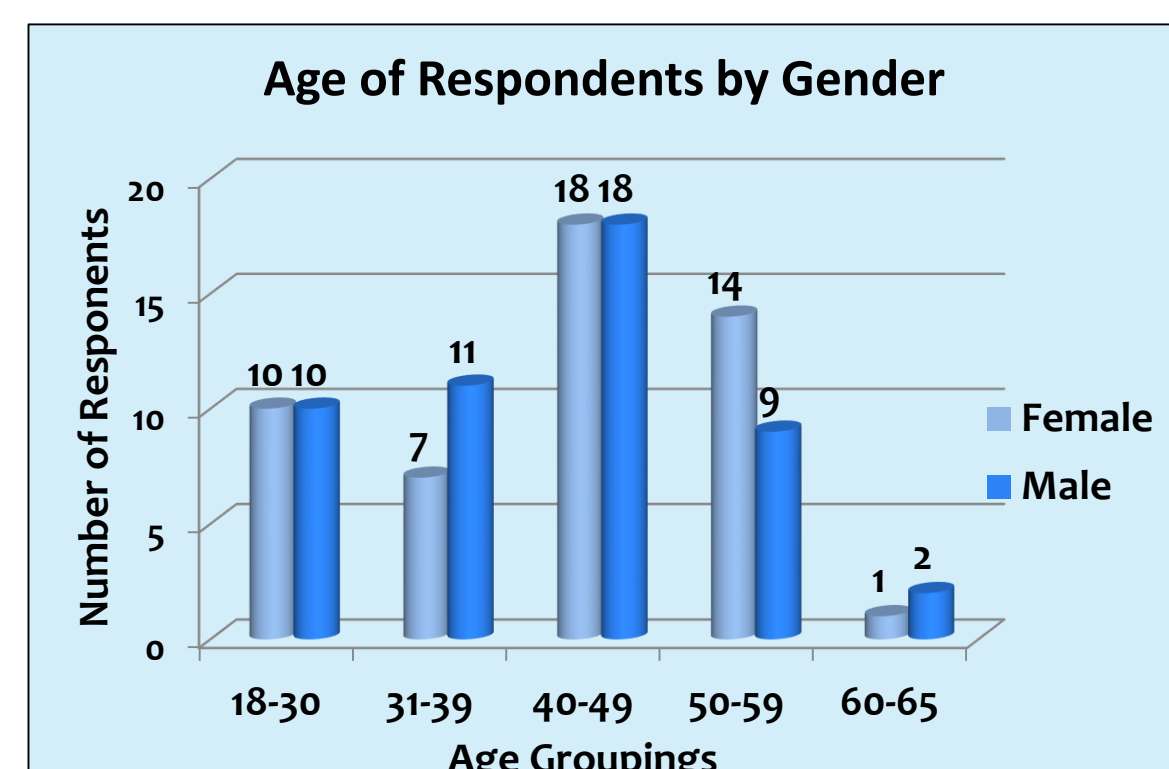


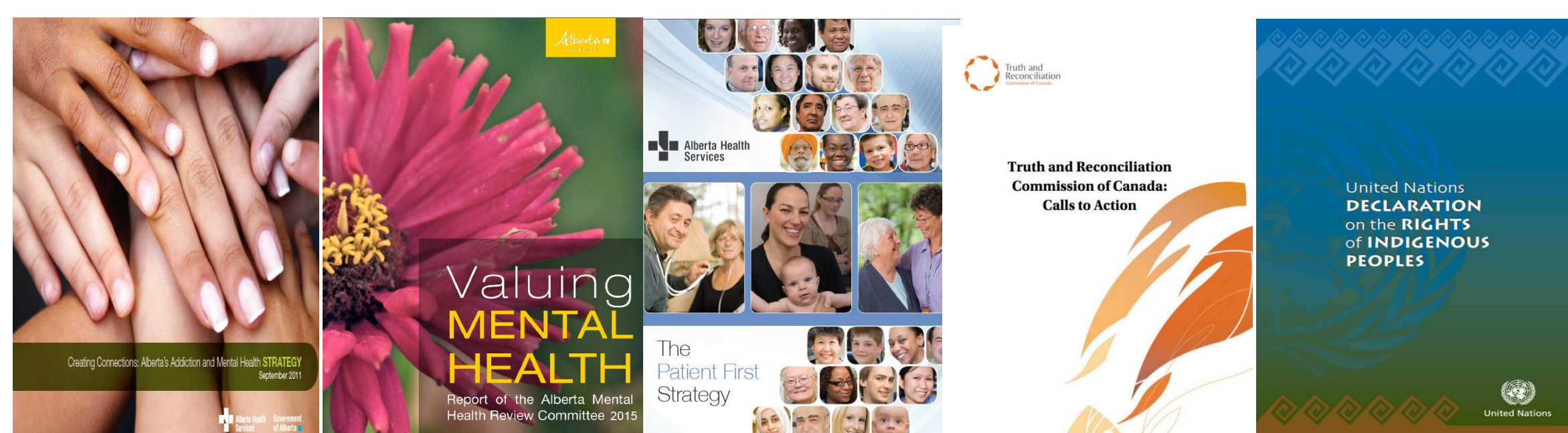


Who?

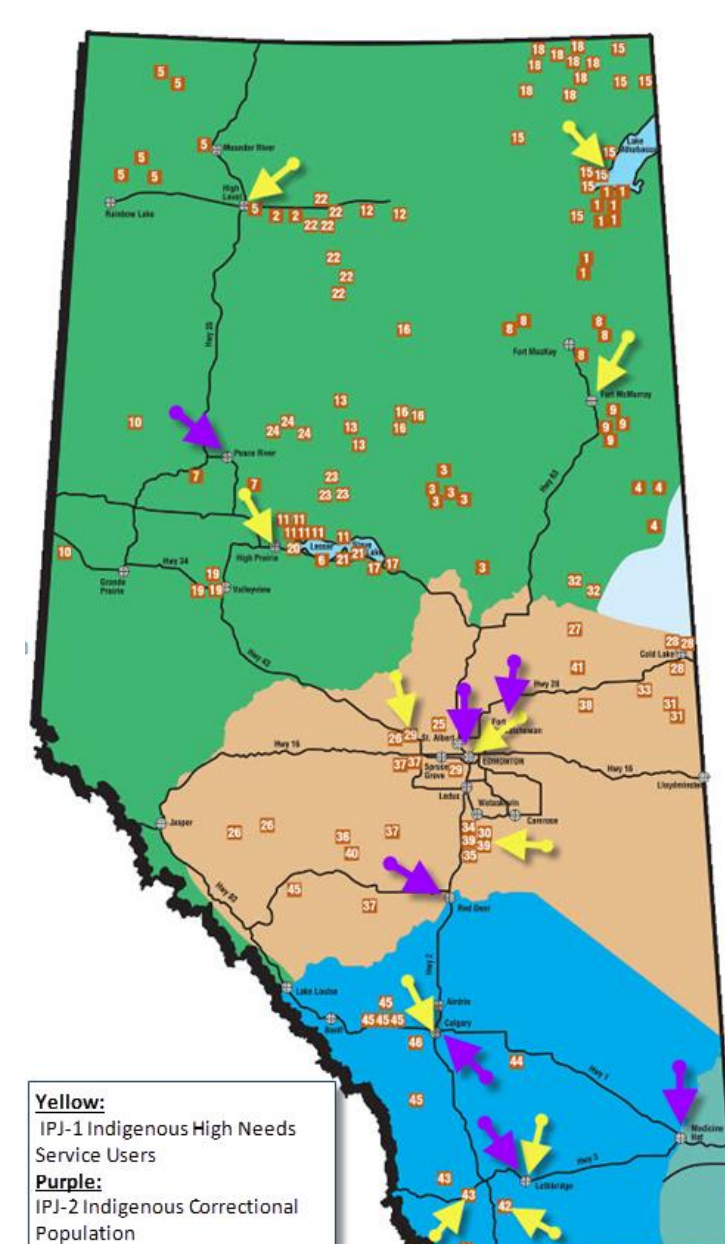
- 100 High Needs Services Users & 100 Incarcerated Service Users



Why?



Where?



What?

Examined Addictions & Mental Health Services delivered to Indigenous populations to identify:

- What is working?
- What is not working?
- What is missing?



When?

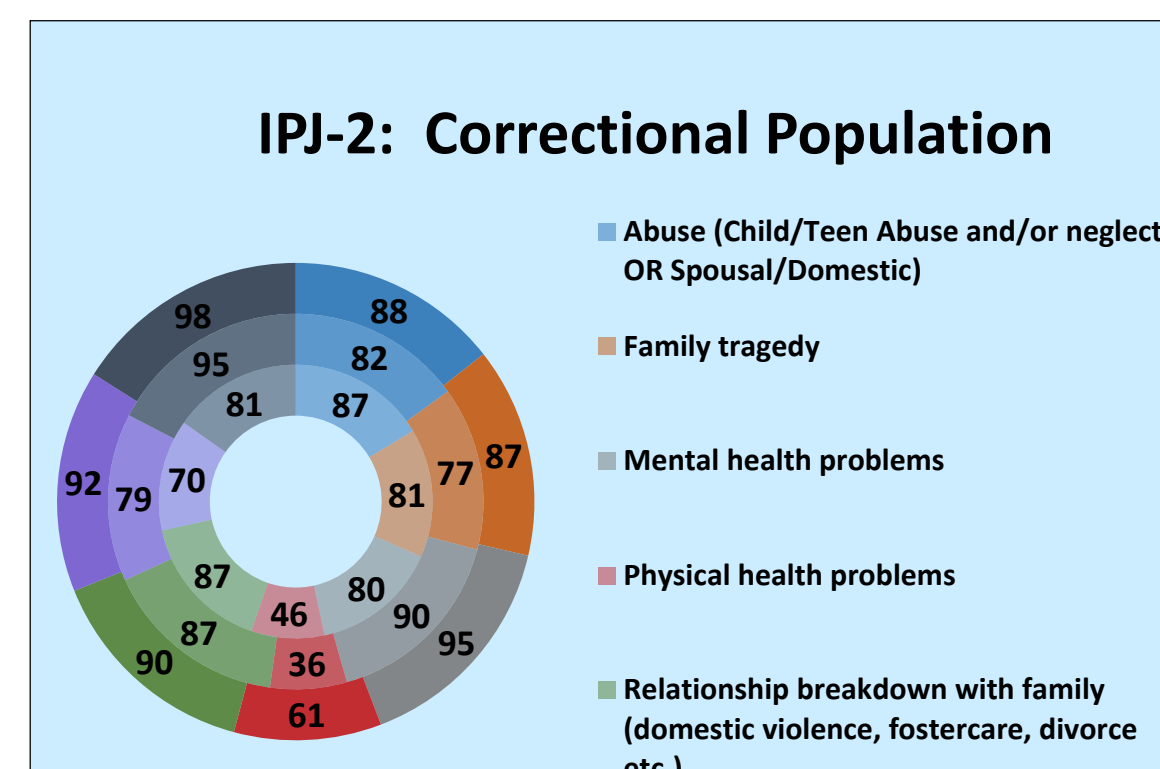
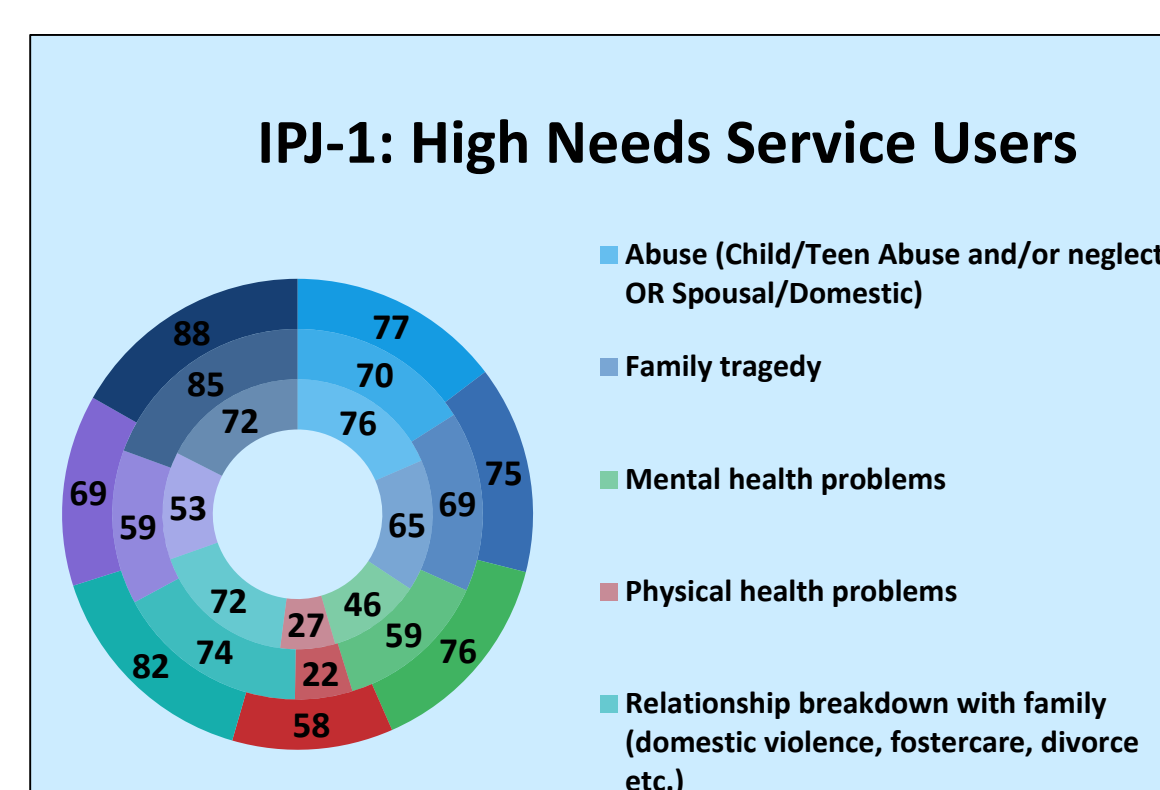
- IPJ-1 Report released March 2016
- IPJ-2 Report released September 2017

How?

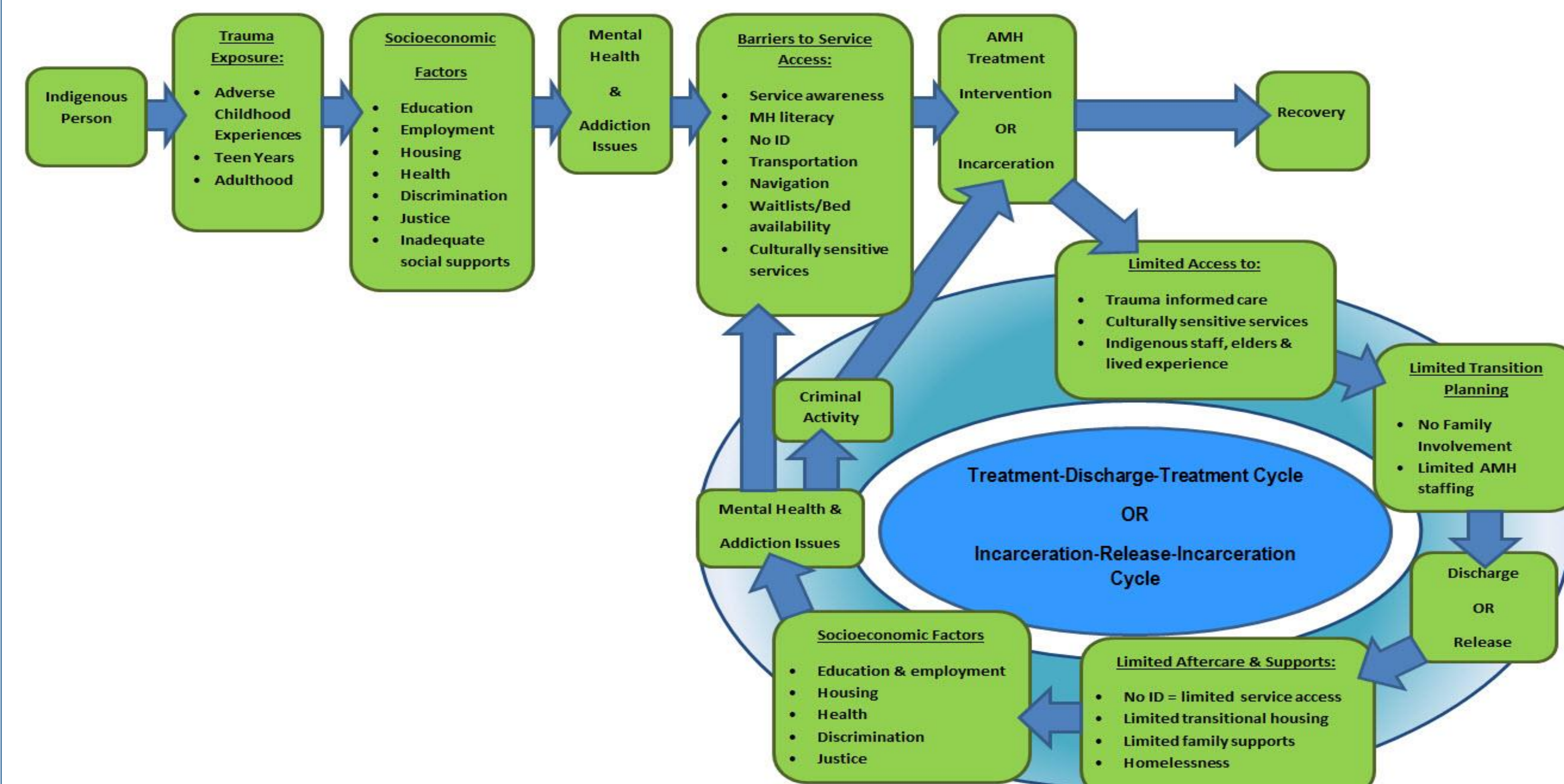
Over 200 face-to-face Interviews across the province examined 6 key areas:

- Trauma Inventory
- Service Awareness
- Service Access
- Service Delivery
- Availability of Culturally Safe Services
- Service Transitions

Lifetimes of Trauma Exposure



The IPJ Cycles



Voices of Lived Experience

"The waiting lists are too long...there's a 3 month waiting list...This needs to be a lot shorter. Even the walk-in mental health...its a good idea but I have to see a different worker every time and explain my whole story all over again."
- Female, 45, High Level

"They should have done follow up and home visits so people don't feel so alone after leaving treatment. We give up a lot of friends and family when we give up alcohol."
- Female, 45, Fort Chipewyan

"...there were a lot of times I would have liked to smudge after counseling session but it wasn't allowed."
- Female, 24, Edmonton

"...I talked about residential school to a counselor once. Only once. She told me it was in the past and I had to get over it and move on."
- Female, 56, Calgary

"I think they should help us get into housing before we're just sent away. A lot of landlords see you're native and will not even show you the apartment, so how am I ever going to get off the street on my own?"
- Female, 56, Calgary

"I think (AMH) services need to be rooted in culture (for Indigenous people)...most addicts do not have family so you need something to connect you to sobriety."
- Male, 59, Lethbridge CC

"No not at all... I seen a friend die, nobody ever asked me about that...ever. My wife hung herself in 2003 nobody ever asked me about that."
- Male, 43, Lethbridge CC

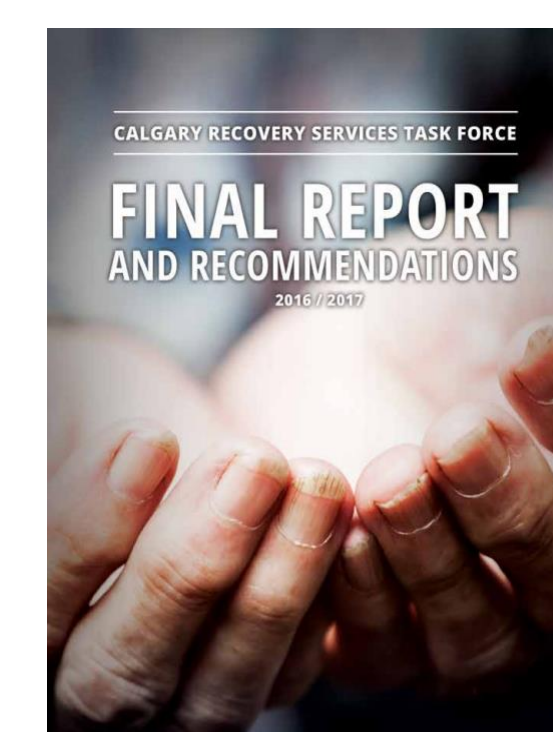
"...Why aren't the Addiction and Mental Health Services trying to help people when they are young...why wait until they are in the system...when it's too late?"
- Male, 41, Lethbridge CC

"...Not in the hospital. Nothing. They have a church in the basement but no gathering place for aboriginals."
- Male, 33, Fort MacMurray

"There could be more Aboriginal mental health workers who are culturally aware and can do outreach...workers who understand what Aboriginal people have been through and their traumas."
- Female, 26, FSSC

IPJ-1 Opportunities For Enhancement

- Service navigation projects
- Trauma informed care
- Rural & remote communities
- Elders & cultural programming
- Service transition staff & aftercare
- Transition beds
- Harm reduction housing



IPJ-2 Opportunities For Enhancement

- Young Offender patient journey project
- Indigenous Diversion teams
- Increase Indigenous Mental Health Diversion staff
- Increase access to Elders in centre
- Increased utilization of individuals with lived experience
- Trauma Informed Care training for key correctional staff
- Review of corrections AMH staff FTE
- Access to ID document support services

More Info?
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