DANGEROUS for others

Keep your carries in a safe and secure place where children and others can’t get to them.

Warn your family and friends that methadone and Suboxone® could kill them.
STAY SAFE WHILE ON METHADONE AND SUBOXONE®

The Opioid Dependency Program (ODP) is committed to helping you lead a healthy life, and to keeping you and those around you safe.

**Store** your carries somewhere safe and secure. A small amount of methadone or Suboxone® can kill a child or an adult who doesn’t have a tolerance to opioids.

**Tell** family and friends that methadone or Suboxone® is safe for you but could be fatal for them.

**Advise** your physician or anyone else who is giving you medical treatment that you are on methadone or Suboxone®.

**You** need to provide ODP with copies of any prescriptions you receive.

**Some** substances can lead to overdose and death if you use them without medical supervision while on methadone or Suboxone®. These substances include other opioid drugs (such as heroin, morphine, codeine, oxycodone), benzos, tranquilizers and sleeping pills (such as Valium®, Librium®, Ativan®, Xanax®).

**Avoid** drinking alcohol. Alcohol and methadone or Suboxone® make each other stronger, and drinking increases the risk of an overdose.

**Find** medical help in case of an overdose. Call 911 or go to the nearest hospital emergency unit.

**Ensure** you know the signs of overdose: drowsiness, slow breathing, slow heartbeat, cold and clammy skin, bluish skin, pinpoint pupils, confusion, coma.

Addiction Helpline 1-866-332-2322

© AHS 2013  640E