

Dear Physician:

Attached please find our physician referral form. In an effort to provide faster access to services for clients of all ages, Access Mental Health will be speaking with clients and families to complete a psychosocial screening over the telephone in order to ensure they are a fit for the Calgary Eating Disorder Program. \*\*\*Please have clients/families contact Access Mental Health to initiate this telephone interview. It will take approximately 30 minutes.

If this referral is accepted, you will receive a lab requisition form outlining the required tests for completion prior to the patient accessing care (note all required labs are pre-selected for male and female clients).

**Please fax all completed referrals, growth data (height, weight, and growth chart information) and laboratory results directly to the Calgary Eating Disorder Program at 403-955-3066.** All lab tests, including the ECG, need to be current, therefore we require that lab results are completed within 4 weeks of the time of referral.

The Calgary Eating Disorder Program receives a large number of referrals and the lab work helps to prioritize the patients that are medically tenuous. Hence it is vital that **ALL** requested information be provided in order for us to effectively triage clients and see them in a timely manner.

**\*\*\*Please ensure that ALL the required medical info, weight history and lab tests are delivered within 10 business days of the screening and note that incomplete referrals will not be processed.**

It is our expectation that the referring physician remain involved throughout the treatment process as the Calgary Eating Disorder Program is a specialized resource that works in collaboration with the referring physician.

Thank you,  
Calgary Eating Disorder Program