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Alberta Health Services

Residential Gambling Treatment Program

www.albertahealthservices.ca

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The Northern Addictions Centre offers two services to individuals whose gambling behaviours are having a significant negative impact on their lives.

Gambling Stabilization

This service is offered through the Detox unit and provides immediate, voluntary, short-term residential care for people who are unable to abstain from gambling or who may be experiencing the negative consequences of recent gambling.

Residential Gambling Treatment

A 20-day intensive program designed to serve adults with a serious gambling addiction causing significant negative impact in their major life areas.



Contact Information

For more information about the programs and services offered by the Northern Addictions Centre, please contact the admissions office.

Clients wishing to attend this program should contact their local Addiction and Mental Health Office or the Admissions Office.

Telephone: 780-538-6350

Address: 11333 - 106 Street Grande Prairie, AB T8V 6T7

Fax: 780-538-6313

E-mail: admissions.nac-treatment@ahs.ca

Gambling Stabilization Access

Telephone: 780-538-6303



Northern Addictions Centre

Residential Gambling
Treatment Program

Who we Serve

The program serves adults with serious gambling problems who wish to achieve abstinence from their gambling behaviours and who are willing and able to actively participate in all aspects of the program.

Gambling Stabilization

We provide nursing services and clinical assessment, which is the basis for stabilization. Treatment planning and referral to other services is also available.

Clients may be at risk for suicide, anxiety, depression, difficulty in thinking or problem-solving along with physical stress symptoms and require a safe environment in which to stabilize from the distress caused by their gambling.

The Gambling Stabilization Program may be accessed by phoning 780-538-6303 or by walk-in.

Residential Gambling Treatment

20-Day Program

The 20-day intensive program is designed to serve adults with a gambling addiction.

Programming includes daily interactive workshops and lectures, therapeutic group counselling, leisure development activities and participation in community-based 12-Step groups.

A family component is offered every second week of treatment (Thursday evening/Friday morning) for adult family members dealing with the consequences of gambling behaviours.



Referral Information

Admission requires a:

- Completed gambling application form, which includes a health assessment from a physician
- Assessment by a counsellor
- Minimum of five days alcohol/drug, gambling-free prior to admission
- Early admission can be arranged to assist applicants achieve this.

Clients must maintain complete abstinence from gambling, alcohol and other drugs while attending treatment.