Early Pregnancy Loss (EPL) Clinic Referral Criteria

Women’s Health Ambulatory Care at the Foothills Medical Centre offers an Early Pregnancy Loss Clinic for the management of miscarriage of less than 12 weeks gestational age, as diagnosed by ultrasound. We accept patients who meet the following European clinical practice guidelines:

- **Fetal Demise** as diagnosed by Trans Vaginal Ultrasound. Ultrasound diagnosis of miscarriage should only be considered if:
  - Fetal pole with Crown Rump Length (CRL) of >7mm without fetal heart activity.
  - Mean Gestational Sac Diameter (MSD) >25mm, without yolk sac or fetus.
  - For more information, please see: [https://www.rcog.org.uk/en/guidelines-research-services/guidelines/gtg25/](https://www.rcog.org.uk/en/guidelines-research-services/guidelines/gtg25/)

To refer a patient, please fax the following information to 403-944-1111:

1. **Referral Letter from Physician**: with patient’s name, address, date of birth, contact numbers, health care number, and parity, LMP. Please include the printed name of referring doctor with PRACID.
2. **Trans Vaginal Ultrasound results**: confirming fetal demise (all scans).
3. **Laboratory results**: Patient’s blood type, RH and Antibody Screening.

Once the required information is received, the clinic staff will contact the patient within 3 business days to book a required consultation appointment. Patients are assessed during this appointment and are offered conservative, medical, or surgical management. We do not arrange for surgical management prior to assessment in our clinic.

Management of Patients who do not meet criteria:

- For pregnancy loss of 12 weeks and greater gestation, please refer to the Women’s Health Clinic at the Peter Lougheed Centre. Phone: 403-943-5716, Fax 403-943-4811.
- For retained products of conception (without a gestational sac) please manage conservatively.

**Pregnancy & Infant Loss Grief Support**

We offer individual, couple, and group counselling. Memorial and Remembrance service events are held throughout the year. Self-referrals are accepted.

Phone: 403-944-2274  Website: [http://www.albertahealthservices.ca/services/Page3818.aspx](http://www.albertahealthservices.ca/services/Page3818.aspx)