

In the last edition of SPEZ BUZZ, we featured the Glenrose Rehabilitation Hospital (GRH) Stroke Outpatient Program. Please see the revised write up.

Glenrose Rehabilitation Hospital (GRH) Stroke Program:

Stroke Assessment Clinic

The Stroke Assessment Clinic provides interdisciplinary assessment to adults who have experienced a stroke *within the last year*. A doctor's referral is required.

The primary assessment team includes Physical Therapy, Occupational Therapy Speech Language Pathology, Social Work, Psychology, Recreation Therapy and Physiatry.

Admission Criteria:

- Less than 1 year post stroke, or have had a recent change in their functional status such that they could benefit from active rehabilitation
- Residing in the community (not Continuing Care)
- Medically stable
- Sufficient exercise tolerance and endurance to tolerate a half day of sustained activity
- Motivated and interested in therapy
- Alert and able to follow 1 step commands
- Appropriate behavior and not harmful to self or others
- If constant supervision or assistance is required with feeding/toileting etc. a family member or caregiver must be present to provide this
- Must organize their own transportation to and from the hospital

If therapy is recommended by the Stroke Assessment Clinic, these services are either provided through the GRH Specialized Rehabilitation Outpatient Program (SROP) for interdisciplinary treatment or a referral may be made to other appropriate community agencies.

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