

# Welcome to the Acute Geriatric Units (AGU) Rockyview General Hospital, Calgary

AGU is a one-of-a-kind inpatient program in Calgary that provides a coordinated care model designed specifically for older adults.

## Who AGU is For:

Patients who meet all the following criteria:

- ✓ Are 60+ years in age
- ✓ Have ongoing acute medical needs
- ✓ Goal is to return home
- ✓ Are participating and progressing with rehab
- ✓ Need 1 week or more in hospital

## Benefits of AGU:

- Expertise in managing conditions and complex care needs unique to older adults
- Help you return home by improving your overall health and physical abilities

## AGU Healthcare Team Includes:

- Physicians: Geriatricians/ Care of the Elderly
- Nurses (RNs & LPNs)
- Healthcare Aides
- Physiotherapists
- Occupational Therapists
- Therapy Assistants
- Dietitians
- Pharmacists
- Transition Services
- Social Workers
- Speech Language Pathologists
- Other specialties

## Patients Admitted to AGU Should Bring\*:

- Supportive shoes with an enclosed back
- Comfortable clothing
- Walking aids, or other supportive devices
- Personal care items, photos of loved ones, activities to pass the time (books, games)

\*you are responsible for any valuables

## What to Expect

You, and your identified support person if applicable, are a partner in the AGU process:



### Consult

If your doctor thinks you would benefit from AGU, they will consult a specialist geriatric team to determine if you meet criteria.



### Waitlisted

If you meet the criteria, you will be placed on a waitlist.



### Transfer

When a bed is available you will be notified by your nurse, and hospital transport will be arranged.



### Treatment Plan

Your AGU care team will complete assessments and work with you to develop your treatment plan.



### Goals

Your care team will partner with you (and your support person) to set goals to promote readiness for discharge.



### Discharge

Upon discharge, AGU will support you in a successful transition home or the next level of care.

# Acute Geriatric Units (AGU) (continued)



## Physicians on AGU – Geriatricians/Care of the Elderly:

AGU has a small team of specialist doctors trained in managing the unique needs of older adults. Continuity of care between this team of doctors and your community supports is a priority. Working closely with the other members of your health care team, they support your return to community.

## Rehabilitation Therapy on AGU:

The care you receive on AGU may include Occupational and Physical Therapy. This rehabilitation may be similar to what is provided in other hospital environments. Rehabilitation will be provided based on individual needs and goals as well as factors such as medical, physical, and mental status. Rehabilitation consists not just of time with the rehabilitation team, but active participation in routines and mobilizing throughout the day and week as a necessary part of helping you get better.



*Rehab looks different  
for everyone!*

This includes active participation in:

- Sitting up in a chair or wheelchair for meals
- Going for walks and doing your recommended exercises
- Personal care including dressing, grooming, and using the bathroom

## Length of stay on AGU:

This can vary depending on your needs and goals. If you are no longer meeting the AGU program criteria, your health care team will work with you to transition you to a more appropriate setting or next level of care.

### RGH Information:



or click [here](#)

## What to know when coming to Units 57 & 58 at Rockyview General Hospital (RGH):

- AGU is covered by Alberta Health Care (for those eligible) while you require hospital services
- AGU has access to outdoor patios, weather permitting
- RGH is located on the scenic Glenmore Reservoir
- RGH has a cafeteria, café, coffee shop, and gift shop
- Paid parking is available (refer to RGH Information QR code/link for more details)