

Physiotherapy & Rehabilitation Chronic Pain Tele-consult Pilot Project

Our purpose & what we offer:

- This service has a dual purpose, to investigate the needs of health professionals and help support best practice in managing the chronic pain population.
- We provide confidential telephone consultations for allied health, medical & other health & wellness professionals.

What can a caller expect?

- The caller may choose to book a consult with an experienced physiotherapist, occupational therapist or kinesiologist at the AHS Chronic Pain Centre in Calgary
- Receive guidance or discuss ideas for managing your patients with chronic neuromusculoskeletal, headache and pelvic pain issues.

What are some examples of potential inquiries?

- Non-pharmacological treatment options for chronic pain
- Early identification of flags for patients vulnerable to developing chronic pain
- Treatment planning & trouble shooting
- Access to & way finding of existing services and community providers
- Guidance regarding appropriate referrals to the CPC

Who can access the service?

- All public & private health professionals in Alberta: including medical, allied health, personal trainers, health professional students & residents.

How do I book a tele-consult appointment?

- **Call 403-955-8250** Note: The average call length is 30 minutes.