#### **About the SAGE Unit**

#### Mission statement:

"Achieving maximal independence and life satisfaction through partnership with our clients, caregivers and communities."

The SAGE Unit is located at the Two Hills Health Centre, approximately 150 kilometers northeast of Edmonton, Alberta.



It is an assessment and short stay rehabilitation program designed for adults. The rehabilitation program is very successful in improving physical function and independence for clients admitted into the program.

A large percent of clients admitted to the program return to their homes, lodges or assisted living facilities within their communities.

The remaining clients are discharged to acute care or continuing care centres.

For further information on the SAGE Unit, please contact:

Two Hills Health Centre 4401-53 Ave. P.O. Box 160 Two Hills, AB, T0B 4K0

Phone: 780-657-3344 Unit Manager: 780-657-3057 Fax: 780-657-0029



Call: **8-1-1**For out-of-province or internet phone users, call 1-866-408-5465.



Revised: April 2016





## **SAGE**

#### Stroke and Geriatric Empowerment Rehabilitation Unit

Two Hills Health Centre

#### **Program Overview**

### The rehabilitation program includes:

- A team approach
- 12-bed dedicated inpatient unit
- Geriatric assessments
- Telehealth consultations

# Clients who benefit from this program include individuals who:

- Are experiencing frequent falls
- Have had a stroke or suffer from neurological diseases
- Are experiencing a recent onset of cognitive impairment and/or decline in daily functioning
- Require further rehabilitation from surgery, amputation or illness

# Clients must be an adult – 18 years or older



### Clients must be medically stable at the time of admission, specifically:

 Have a clear diagnosis, stable vitals and other health related issues that have been established

If a client becomes unstable or remains unmotivated to participate in the program within a two-week period, they will be returned to the referring facility.

# Clients should have a minimum level of function, including:

- Ability to participate in rehabilitation for a minimum of a half hour to one hour, twice daily
- Able to follow a one-step command
- Have sufficient attention, short term memory and insight to progress through the rehabilitation process
- Have the ability to weight-bear partially(feather weight-bear is not appropriate)

#### **Referral Process**



Referral forms must be completed by a health care professional.

All referrals and information are sent to the Unit Manager for review.

Client referrals are then distributed to appropriate team members. Telehealth sessions may be necessary.

After review of client referrals and information, team members will determine client suitability.

If client is appropriate for rehabilitation, arrangements are made to admit them to the SAGE Unit.