

Child Safety Seats for Families Online Caregiver Workshop

Join us in this free 1-hour workshop delivered by a certified child safety seat technician. The workshop is appropriate for parents and caregivers of infants, toddlers, and children up to 12 years who reside in Alberta.

In Alberta, children under the age of 6 years who weigh 18 kg (40 lbs.) or less must use a certified child safety seat when in a motor vehicle. When used correctly, child safety seats significantly reduce the chance of a child being injured or killed in a crash.

This workshop will provide advice and support for choosing, installing, and using child safety seats, booster seats, and seat belts for children of different ages, heights, and weights.

Online Workshop Schedule

Dates	Time	How to Register
Thursday, March 13, 2025	10-11 a.m.	Zoom Registration
Tuesday, April 15, 2025	12-1 p.m.	Zoom Registration
Wednesday, May 21, 2025	6-7 p.m.	Zoom Registration
Thursday, June 19, 2025	10-11 a.m.	Zoom Registration
Tuesday, July 22, 2025	12-1 p.m.	Zoom Registration
Wednesday, August 27, 2025	6-7 p.m.	Zoom Registration

For questions, contact the Population Health Promotion team:
injury.prevention@ahs.ca