## Home Safety for Parents and Caregivers Online Caregiver Workshop

Join us in this free 1-hour workshop delivered by a Health Promotion Facilitator. This workshop is appropriate for parents and caregivers of children ages 0-5 years who reside in Alberta.

From cribs to cupboard locks to baby-safe foods, keeping our children safe can often feel overwhelming. Fortunately, serious injuries can be prevented with the right steps. In this workshop, we'll cover simple strategies for creating a safe home environment and discuss common childhood injuries, including falls, poisoning, and choking.

## **Online Workshop Schedule**

Dates	Time	How to Register
Tuesday, March 4, 2025	6-7 p.m.	Zoom Registration
Wednesday, April 9, 2025	10-11 a.m.	Zoom Registration
Thursday, May 8, 2025	12-1 p.m.	Zoom Registration
Tuesday, June 10, 2025	6-7 p.m.	Zoom Registration
Wednesday, July 16, 2025	10-11 a.m.	Zoom Registration
Thursday, August 14, 2025	12–1 p.m.	Zoom Registration

For questions, contact the Population Health Promotion team: injury.preventionedmonton@ahs.ca

