



**Alberta Health
Services**

CROSS-CANADA RENAL FITNESS CHALLENGE Places & Faces

Fredericton, New Brunswick

Fredericton is split by the Saint John River and is the capital city of New Brunswick. It is the third-largest city in New Brunswick, making it the only provincial capital in Canada that is not first or second for its province.

The Fredericton area was the site of several battles between French and British forces in the late 1600s and early 1700s. It didn't become a permanent British settlement until 1783, when British loyalists settled there following the American Revolution.

Fredericton is home to a famous art gallery created by Max Aitken, better known as the British press baron and politician Lord Beaverbrook, a personal friend of Winston Churchill. Aitken was raised in New Brunswick and took "Beaverbrook" as his title because it sounded Canadian.

In addition, Fredericton has been home to famous Canadian singer Anne Murray, and to the infamous wartime defector Benedict Arnold.



Population: 105,608