



**Alberta Health
Services**

**CROSS-CANADA
RENAL FITNESS CHALLENGE**
Places & Faces

Toronto, Ontario

Toronto was founded in 1794 as the town of York, and didn't become Toronto until 1834. Today it is the largest city in Canada, and also the country's most expensive place to live.

The name "Toronto" means "Place where trees stand in the water" in the language of the Iroquois who originally lived there.

The city's most visible landmark is the CN Tower, completed in 1976. At the time it was the tallest free-standing structure in the world, but in 2010 it was surpassed by the Burj Khalifa in Dubai, United Arab Emirates. The CN Tower is now fifth tallest.

Toronto is the only Canadian city with teams in every major league sport, including hockey, baseball, football, basketball, and soccer.

Notable people from Toronto include actors John Candy, Keanu Reeves, and Jim Carrey, director David Cronenberg, famous pianist Glenn Gould, Canadian Prime Minister Stephen Harper, ABC news anchor Peter Jennings, children's author Robert Munsch, singer Neil Young, writer Michael Ondaatje, game show host Alex Trebek, and artist Joe Shuster, who invented Superman.



Population: 5,132,794