



**Alberta Health
Services**

**CROSS-CANADA
RENAL FITNESS CHALLENGE**
Places & Faces

Sudbury, Ontario

Sudbury is located to the north of Lake Huron and Georgian Bay. It is known for its lakes, as there are 330 different lakes within the city limits alone, including Lake Wanapitei, the world's largest lake that is completely contained within a city's limits.

Very little vegetation grows around Sudbury, because all the trees were cut down in the late 1800s to provide wood to rebuild Chicago after the Great Chicago Fire of 1871. After the trees were removed, mining caused acid rain, and the soil became too acidic for most plants. The city is trying to bring more greenery and plant life back to the area.

The American inventor Thomas Edison first discovered many of the ore deposits around Sudbury in 1901, and the region became important for mining. The exposed rocky hills around Sudbury are part of the Canadian Shield, an ancient layer of rocks.

Famous people born in Sudbury include two legendary NHL coaches, Al Arbour and Toe Blake.



Population: 160,770