



**Alberta Health
Services**

**CROSS-CANADA
RENAL FITNESS CHALLENGE**
Places & Faces

Regina, Saskatchewan

Regina was originally known as Pile-of-Bones, named after a huge pile of bison bones nearby. It was chosen as the capital of the North-west Territories (Saskatchewan and Alberta) in 1882, and was renamed Regina in honour of Queen Victoria (in Latin, "Queen Victoria" is "Victoria Regina").

The choosing of Regina as the capital was a scandal at the time. Regina was flat and empty, but Edgar Dewdney, in charge of the territory, owned land in the Regina area and decided that it should be the capital.

Regina first became famous during the North-west Rebellion, when Louis Riel led the Metis people against the government of Canada in 1885. Riel's trial took place in Regina.

In 1912 Regina suffered the deadliest tornado in Canadian history. The Regina Cyclone, as it was known, destroyed large parts of the town and killed 28 people.

Notable people from Regina include Tommy Douglas (the premier who pioneered Medicare), musician Colin James, NHL player Ryan Getzlaf, and comedy actor Leslie Nielsen.



193,100