



**Alberta Health
Services**

**CROSS-CANADA
RENAL FITNESS CHALLENGE**
Places & Faces

Edmonton, Alberta

The area around Edmonton has been inhabited for almost 5000 years, but the first European to visit the area was an explorer in 1754. By 1795, Fort Edmonton was built, named after an area of London.

The fort became an official town in 1892, after the railway arrived from Calgary, and at that time the town had a population of only 700. It became the capital of the new province of Alberta in 1905.

Edmonton was home to the first licensed airfield in Canada, Blatchford Field, in 1929. As the gateway to the north, planes used the airfield to distribute supplies throughout northern Canada.

Edmonton is home to the West Edmonton Mall, the largest mall in North America and one of the largest in the world. Several important Canadian businesses got their start in Edmonton, such as The Brick, Boston Pizza, Booster Juice, and Fountain Tire.

Famous Edmontonians include actor Michael J. Fox, NHL players Mark Messier and Jarome Iginla, and the city was home to both Emily Murphy and Nellie McClung, two of the Famous Five who fought for women's rights in Canada.



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