

## Patient Collection Instructions: Fecal Reducing Substances and Fecal Sugar Identification

**Please read the instructions completely before collecting your stool sample**

### Labelling the Sample

Ensure you label the specimen container provided by the collection site with the following information:

- First and Last Name
- Date of Birth
- Provincial Health Number (PHN)
- Date and Time of Sample Collection

Incorrectly or incompletely labeled specimens will not be tested.

### Lab Requisition

- Record the date and time of sample collection on the requisition.
- Store the requisition in the outer pouch of the biohazard bag provided.
- The requisition must accompany the specimen.

### Collecting the Sample

1. **Collect** the loose watery stool specimen in **one** of the following ways (**Do not** allow the sample to come into contact with urine or toilet water):
  - Directly into an empty, clean, plastic wide mouthed container (ex. Ice Cream pail).
  - By placing a clean piece of plastic wrap or large plastic bag over the toilet opening (but under the toilet seat). The stool specimen can be passed onto the plastic.
  - By collecting from a diaper: fasten plastic kitchen wrap to diaper using childproof safety pins. After the bowel movement, remove loose watery stool from the liner.
2. **Transfer** at least one teaspoon of loose stool specimen/stool water into the specimen container provided by the collection site. Ensure the lid is sealed tightly.
3. **Seal** the specimen container in the zip lock section of the biohazard bag provided.

### Sample Delivery to Lab

Deliver the completed collection along with your lab requisition. Contact your local lab/collection site for hours of operation.

If...	Then...
You can deliver the sample within 2 hours of collection.	Keep the sample refrigerated/cool within the 2-hour period.
You are unable to deliver the sample within 2 hours of collection.	The sample must be <b>frozen immediately</b> . Deliver it in a manner that allows it to remain frozen (ex. ice packs). If the sample is not frozen upon receipt at the collection site, it will not be accepted and will need to be recollected.

### Questions About Your Collection?

Laboratory location and contact information may be found at:

- [myhealth.alberta.ca](http://myhealth.alberta.ca)
- Health Link Alberta at 1-866-408-5465
- [dynamifedx.com](http://dynamifedx.com)