Diapering Procedure

1. Get supplies ready
   - Change table equipped with a belt
   - Hand sink with soap & paper towel
   - Diaper, baby wipes, applicators & creams
   - Sanitizing solution (labelled for diapering)
   - Paper liner

2. Place the child on the clean change surface
   Place the child on the paper and fasten the safety belt. Never leave the child unattended.
   Remove and discard soiled diaper.

3. Clean the child's skin and apply the diaper
   Clean skin with a single-use towel, wiping from front to back.
   If applying ointment, use a single-use applicator for ointments or creams.

4. Dress child, wash and dry hands with paper towel

5. Clean & disinfect the change surface
   If there is visible contamination, first clean the surface with hot water and soap.
   Make a sanitizer by adding 2 ml (1/2 teaspoon) household bleach per liter (4 cups) of water or approved 0.5% accelerated hydrogen peroxide.

6. Wash your hands with soap and warm water

For more information, visit Environmental Public Health

ahs.ca/eph

© 2019 Alberta Health Services – Safe Healthy Environments This copyright work is licensed under the Creative Commons Attribution-Noncommercial-Sharealike 4.0 International.