



Minutes - David Thompson Health Advisory Council

March 8th 2018 1 pm – 4 pm Hanna Community Health Centre – In Service Room - 904 Centre St N, Hanna AB

- Council Members:** Sandy Doze (Chair), Phyllis Loewen (Vice Chair), Deryl Comeau(dialed in), Marie Cornelson, Terry Johnston, Janice Lockhart, Robert Long, Debra Murphy (dialed in), Carole Tkach, Kim Walton (dialed in)
- Alberta Health Services:** Maya Atallah, Kerry Bales (dialed in), Kathy Howe (dialed in), Allan Sinclair, Valerie Thompson L. (dialed in)
- Public:** Twelve
- Regrets:** Jean Barclay, Heather Donald, Melanie Hassett, Faith Pilgrim

| <i>Agenda Item</i> | <i>Discussion</i> | <i>Action</i> |
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| 1. Approval of Agenda | Moved by Janice Lockhart that the agenda of Thursday, March 8, 2018 be approved. MOTION CARRIED. | |
| 2. Approval of Minutes | Moved by Deryl Comeau that the minutes of Thursday, January 11, 2018 be approved. MOTION CARRIED. | |
| 3. Presentations | There were no presentations Moved by Terry Johnston that the Central Zone Medical Officer of Health present about Cannabis legislation at the May HAC meeting. MOTION CARRIED | |
| 4. New Business | | |
| 4.1. Voices of the Community | Themes from the feedback from Hanna residences are as highlighted below: <ul style="list-style-type: none"> - They feel that the funds are not being spent in the right places. - They would like to have better communication between the emergency response. Emergency Medical Services (EMS), RCMP and fire are all on different channels and cannot communicate when responding to a call. | |

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| | <ul style="list-style-type: none"> - They would like to see some specialized services be offered in Rural Areas, including Hannah, such as an Operating Room. - They heard that the government is looking at Hannah to build a hub lab. Now is the opportunity to invest in Hanna. There is a lot of facilities and lots of space and resources to make this happen. - They feel that there is a misuse of EMS due to a lack of transportation services being available. - Public member requested in information about Three Hills and Sylvan Lake transport pilot project. | <p>Allan Sinclair will share the Rural Pilot Project.</p> |
| <p>4.2. Central Zone Executive Leadership Update – Kerry Bales, Senior Operating Officer, North (Central) Zone</p> <p>– Allan Sinclair, Senior Operating Officer, Red Deer & South Area (Interim), Central Zone</p> <p>– Valerie Thompson, Area Director, Counties of Red Deer and Lacombe</p> | <p>Allan Sinclair provided a report on the following:</p> <ul style="list-style-type: none"> - The Central Zone Healthcare Plan final draft has been submitted to government in December and there's two things that are coming out of it for the spring: <ol style="list-style-type: none"> 1. The assessment plan on the Red Deer Regional Hospital needs to be refreshed. The “needs assessment refresh”, to be completed by May of 2018, will help to look at other services that are not currently available in Red Deer to introduce them if there is a need identified. 2. There is also a provincial review on cardiac services. - Red Deer has envisioned expanding their services and many specialists have come together to discuss what services are being sent to Edmonton and Calgary? Safely and sustainably will be a factor when deciding what services will be provided in Red Deer. - Also what specialty services in Red Deer are currently in Red Deer that don't need to be in Red Deer? Surgeries such as plastic, gynecology, cataract, orthopedic do not involve overnight stays and are being considered to move to satellite sites. - A topic with recruitment of specialized medical professional is the exposure to the specialty they are trained in. To maintain their competency and remain confident in the practice, it is essential the physician do a certain number of cases per year. Employment for their spouse is also a factor. - There has been enhancements to the funding in community care. Greater access to Community Services, greater access to services available to communities, such as teleconferences, telepsychiatry, which has received great feedback from patients utilizing the service. - Naloxone kits are available across province in all pharmacies and doctor's office and all | |

hospitals. AHS is striving for is to create no barrier access to these kits. The only question that will be asked when an individual requests a kit is whether they would like any sort of education on how to use.

Allan Sinclair addressed the following question:

Q: When will the Central Zone Health Care Plan be available?

A: The final draft Central Zone Healthcare Plan will be reviewed by leadership at AHS and Alberta Health prior to release.

Kerry Bales provided a report on the following:

- Sylvan Lake ambulatory service program is in its planning and implementation stages.
- There has been service planning with a focus on providing accessible services to the indigenous communities.
- Primary Care Network in different communities develops its own operational plan with its own priorities in partnership with Alberta Health Services and governance partners. There is a lot of variability in Primary Care in the communities because it really depends on the community's priority. The ministry is hoping to make the primary care network more consistent, to establish common priorities province wide so that the same level of services can be received throughout.

Kerry Bales addressed the following questions:

Q: Has Dr. Lundall changed positions?

A: Dr. Evan Lundall, who has accepted a medical leadership position with Alberta Health, will be stepping down as Zone Medical Director for the Central Zone effective March 31, 2018. AHS will be launching a selection process to find a new Zone Medical Director very shortly. Dr. Dan Edgcumbe will be an interim.

Q: What is the Community Paramedic Program? Where are they located and what type of services will they provide?

A: The Community Paramedic Program works in the community with a goal to provide short-term, community-based, non-emergent medical support to vulnerable populations. They help to take the pressure off the EMS crew as well as emergency departments. Community Paramedics can be based out of a hospital or any EMS station. Emergent calls will take presidency and they do not transport patients to appointments. The Paramedics work within their scope of practice and can offer services such as the use of diagnostic tools and provide treatment such as IV antibiotics, catheterization, and wound closures.

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| | <p>Valerie Thompson provided a report on the following:</p> <ul style="list-style-type: none"> - Sylvan Lake home care are filling new full time positions to work with the Wolf Creek PCN and the Sylvan Lake home care and are ensuring services do not overlap. - They are recruiting a new manager for Sylvan Home Care and Innisfail Home Care. - There is some construction going on at the Ambulatory Home Care Center in Innisfail to address some plumbing issues. Residents and families have been informed and the residents will be moving back once the first section is complete. There was enough empty rooms to just move residents around within the facility. - The Bentley Care Center new manager, Charmaine Westerlund, started in November. - Lacombe had a staffing crisis and they are slowly filling positions. - The long-term care audit in Lacombe Audit is complete. They started admitting patients in February. There was a follow-up of audit after the first admission and the facility met standards and received good feedback from Alberta Health. A final audit will take place in April. - The Emergency Room (ER) in Lacombe is starting their initial project planning meeting for a redesign. Renovations of the ER will be funded by 1.3 million from Lacombe Health Trust and 1.9 million from Alberta Health. | |
| <p>4.3. Council Member Roundtable</p> | <p>Phyllis Loewen – The new Hospice society is having difficulty with some of the finances. First Nations have been attending meetings in the Healthcare Community. Rocky Mountain House Community heard that the Minister of Health announced Vegreville, Wainwright and Rocky Mountain House are on the shortlist for the capital list for new hospitals.</p> <p>Deryl Comeau – Deryl was involved in the Connect Care working session February 13th 2018 in Edmonton as a subject matter expert. Learned about how CoAct, brought the Whiteboard Communication System into your hospitals. March 6th, 2018, she attended a Caring and Transparent Health Meeting as an observer in central Alberta. The society is building their board and their membership. “Diagnosis Critical” is their name on Facebook. Mental Health educational sessions have become more visible and available to the communities. She suggested we look at the Palliser Triangle HAC recruitment strategies as they are full.</p> <p>Marie Cornelson – She attended a seminar called Lighten Up Your Day, which highlighted the benefits of adding humor into participants’ lives and discussed appropriate ways of incorporating it into the workplace. The Primary Care Network is dealing with a lot of mental health issues, prenatal and diabetic patients in Drayton Valley. She would like to request</p> | <p>Carol will send Maya information on the Men at Work Program.</p> <p>Kim is requesting medical use of cannabis be given.</p> |

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| | <p>Alberta Health Services to give ideas on what is the best fundraising method to raise money. Her local Foundation would like to know worthy causes to fundraise for.</p> <p><u>Debra Murphy</u> – She shared that her local recruitment and retention committee are happy to have physicians coming on board for June, July of 2018 and early 2019. The committee is exploring other ways to showcase the community to potential physicians. A new physician will arrive in Rimbey in July.</p> <p><u>Terry Johnston</u> – She is pleased that the PCN in Hanna offers foot care to diabetics and that they have partnered with a psychologist who offer classes on stress reduction. She asked for more information about the “Men at Work” program.</p> <p><u>Janice Lockhart</u> – Wetaskiwin Hospital and Care Center has a new site manager named Lisa Barrett. Wetaskiwin Health Foundation has helped upgrade the emergency department as part of their priorities. They have provided 12 new dialysis chairs and are planning a triathlon fundraiser in June of 2018. Points West Lodge construction continues to progress well and will have an opening date in Fall 2018. The PCN continues to have physician referrals and walk in patients with obstetrics, women's wellness, chronic diseases and mental health services. Wetaskiwin Medi-Lend has been helping to provide medical equipment because home care has a large cliental and not enough staff to help support this. The collaboration has been successful. Wetaskiwin is working with Rural Health Professions Action Plan (RhPAP) to host a skills weekend where university students are invited to visit rural towns to gain exposure to rural life and practice their skills. There is still a need for mental health resources and community resources especially for the youth and adolescents.</p> <p><u>Robert Long</u> – He attended the Mental Health and First Aid Course in Ponoka in January 2018. The Family and Community Support Services (FCSS) director is taking the instructor level training and will be able to offer it to the community. Bob shared that he is part of a seniors outreach program where he volunteers to drive seniors to their appointments.</p> <p><u>Carole Tkach</u> – On January 11th, 2018 she was invited to attend a council meeting in Castor and Coronation to talk about the Health Advisory Council (HAC). There has been an increase in home care hours in Coronation at supportive living sites. She is also building awareness to HAC by introducing herself as a member at public meetings she attends.</p> <p><u>Kim Walton</u> – Wetaskiwin is doing well with physicians. They are still in a need for an anesthesiologist. The new site manager is focusing on having the facility accredited and all necessary equipment has been purchased. Wetaskiwin Foundation is going through an accountable system of how to spend the money raised.</p> | <p>Maya to connect Marie with Foundations Relations.</p> |
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| <p>4.4. Report from the Chair - Sandy Doze, Chair</p> | <p>Sandy Doze provided the following updates:</p> <ul style="list-style-type: none"> - Council of Chairs meeting, whereby the chairs are given an opportunity to share AHS public feedback with Dr Yiu. She wanted the communities to know their voices are being heard. - Sandy attended the “Connect Care” workshop in Edmonton. It is a shared provincial clinical information system (CIS) that enables AHS healthcare teams to access and record information. Physicians outside of AHS have to opt into being connected to connect care. The public will be able to look through a notification portal and be alerted of their results and information. - Sandy shared Dr. Verna’s message that seeing and having a consistent physician through your life is the first step to better wellness. - Enhancing Care in the Community will mean more support and funding to community services such as EMS, home care, outpatient services, primary care physicians and agency services. - Shared that there is an application (ap) called Text4Mood that can be used as a supportive tool for mental wellness. - Sandy commented that Nurse Practitioners (NPs) would be great in rural communities. There is currently no model to pay for them through direct billing. They have to be hired through an agency such as the PNC. <p>Moved by Robert Long that Janice Lockhart and Carole Tkach attend the Rural Health Professionals Action Plan (RhPAP) conference and council reimburse expenses from the David Thompson HAC \$5000 community engagement budget. MOTION CARRIED</p> <p>Moved by Marie Cornelson to use the balance of the budget of 2017/2018 on promotional materials. MOTION CARRIED</p> | |
| <p>5. Advisory Council Coordinator Update, Maya Atallah, Advisory Council Coordinator</p> | <p>Maya Atallah provided a full report. Following are the highlights</p> <ul style="list-style-type: none"> • Advisory Council Satisfaction Survey - Please fill in the survey sent from the Community Engagement by Friday, March 16th. • Advisory Council Members expenses – All expense claims need to be submitted prior to March 31, 2018. • Work Plan Development – 2018 – A new template has been developed for the work plans this year. Work plans should be completed for approval at your May meetings. | <p>Maya to set up telehealth to plan and discuss work plan.</p> <p>Maya ask Andrea about previously approved promotional items.</p> |

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| | <ul style="list-style-type: none"> • Annual reports - Annual reports will be provided for review and approval at your May meetings. • Advisory Council Fall Forum - The Advisory Councils' Annual Fall Forum will be held on Friday, October 26 and Saturday October 27th at the Delta Inn South in Edmonton. The following Chairs will participate on the Steering Committee: Ruth Martin-Williams, Teresa O'Riordan, Lucille Partington. • Open Houses/Municipal Forums - the AHS Board and Senior Leadership look forward to hearing more from health advisory councils about the dates and locations of engagement events. This will help support awareness of your council and engagement with your communities. • Cannabis Legislation - The Medical Officers of Health across the province will have an update this spring on the national cannabis legislation and they would like to share it with you at your May meetings. | Maya to send future meeting dates to council members. |
| 6. Next Meeting | Date: Thursday May 10, 2018 Time: 1:00 p.m. to 4:00 p.m. Location: Three Hills Health Centre, Health Education Rm 340-1504 2nd St N, Three Hills AB T0M 2A0 | |
| 7. Meeting Evaluation and Adjournment | Moved by Robert Long to adjourn the meeting at 4:03 p.m. | |