



Meet Anahi Johnson: Improving the healthcare system through volunteerism



It seemed a natural extension of nursing for Anahi Johnson when she joined the Greater Edmonton Health Advisory Council (GEHAC). As a registered nurse, Anahi has a passion for equitable healthcare and works with patients on a daily basis.

When she learned of the GEHAC, she was looking for a way to share insights she gathers as a result of her day-to-day work.

“I interact directly with patients and families and wanted to share information about their experiences with the healthcare system. Advocacy is an important aspect of nursing. Joining the Council was an opportunity to let my voice and their stories be heard”, says Anahi.

Anahi has a strong desire to contribute to her community and help others. She has reached out to members of the community and shared their voices with the GEHAC. Topics such as Pharmacare, dental and seniors’ care, mental healthcare, and Indigenous health are only a few that have made the list.

“We have reached out to members of the community who might not normally have their voices heard and brought their issues and concerns forward to members of the AHS executive team. It has been great to have open and honest discussions with volunteers and zone leaders”, adds Anahi.

Anahi didn’t become active in social issues by accident. Her parents worked in Latin America with International aid organizations and sparked Anahi’s passion for human rights, social justice, and equality.

“I’m very lucky to have such great role models and I think meeting people from other countries increases empathy and understanding”, says Anahi

When Anahi isn’t working or volunteering, you can find her running in the river valley. She doesn’t own a car and chooses to walk and take public transit instead. Her walk home from work is an hour long and you’ll see her out even on the coldest days.

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