



**Alberta Health  
Services**

Lakeland Communities  
Health Advisory Council

## Lakeland Advisory Council Meeting Minutes

Wednesday, Oct 12, 2022 / 5:00 p.m. – 8:00 p.m. / Smoky Lake Provincial Building – Room 107

ATTENDEES & INTRODUCTIONS	
<b>Members</b>	Ida Edwards (Chair), Heather Stromquist (Vice Chair), Elzbieta Berlund, Robert Deresh, Zicki Eludin, Janet Stone, Ed Tomaszky, Joanne Williams
<b>AHS</b>	Cindy Harmata, Andrea Jackson, Sheri Pidhirney, Gloria Dombowsky, Anita Fagnan (RhPAP)
<b>Regrets</b>	Brad Eamon, Cheryl Edwards, Kathy Lepine, Victoria Sparklingeyes, Lorin Tkachuk, Amy Warren, Lindsay Iroume
<b>Public</b>	4
<b>Welcome &amp; Introductions</b>	Ida Edwards welcomed all in attendance and went through introductions.
<b>Approval of minutes</b>	May 11, 2022 minutes were reviewed and approved by consensus.
STANDING ITEMS	
<b>Action items from previous meeting</b>	<ul style="list-style-type: none"> <li>• Melony to connect Alyson Fox, Ida Edwards, Victoria Sparklingeyes, and Heather Stromquist with the Alberta Healthy Living Program team. <b>Complete</b></li> <li>• Melony to share Road to Hope Fun Run poster with Council members. <b>Complete</b></li> <li>• Melony to put forth the names of Ida Edwards, Chair, and Heather Stromquist, Vice Chair, to the CE Committee of the Board. <b>Complete</b></li> </ul>



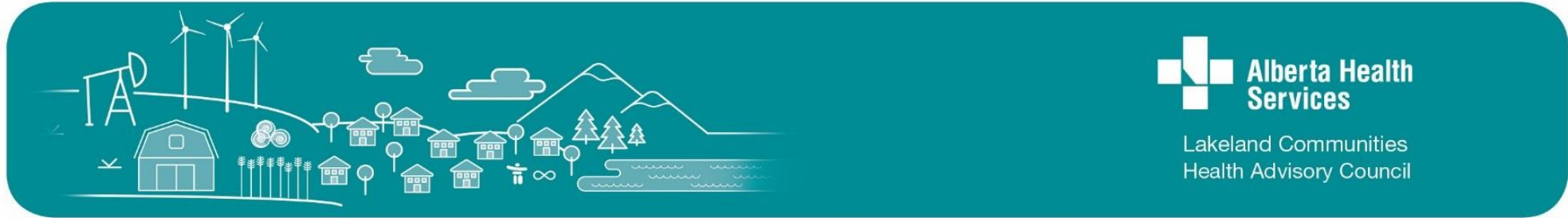
<p><b>North Zone Update</b></p>	<p>Cindy Harmata, Senior Operating Officer, shared the following:</p> <ul style="list-style-type: none"> <li>• 2022 has been incredibly difficult due to staff shortages. AHS is working hard to put supports (staffing) into neighbouring communities.</li> <li>• A written report was provided with information about workforce recruitment, capital projects and major events and initiatives specific to the local region.</li> <li>• Highlights from the North Zone Operational Plan were provided, including performance measures and initiatives</li> </ul> <p><u>Questions from Council</u></p> <p>Q: What is the difference between My Alberta Digital ID and myahsconnect.ca?</p> <p>A: The difference is the health records from lab results, immunizations and hospital visits are available to patients, unless one's doctor isn't part of the AHS system and is private, a patient will not be able to see their records, vs with My Alberta Digital ID all records are available from all medical visits.</p> <p>Q: What consideration is given re: hospital closures to areas where the population increases during seasonal surges?</p> <p>A: AHS does not make these decisions easily and they are not long term plans. Once more RNs are recruited, hours will resume.</p>
<p><b>Community Partners</b></p>	<p>Anita Fagnan, Rural Community Consultant with Rural Health Professions Action Plan (RhPAP), provided a written report with information about upcoming RhPAP events:</p> <ul style="list-style-type: none"> <li>• October 20, Alberta Health Advocates Info Session.</li> <li>• November 17, Alberta Primary Care Networks (PCN) – a provincial overview.</li> <li>• December 15, Nurse Practitioners Association of Alberta Session.</li> </ul> <p>Visit <a href="http://www.rhpap.ca">www.rhpap.ca</a> for more information.</p>



<b>Physician Recruitment Report</b>	The physician resource planner was unavailable to present. The report will be forwarded to members electronically. Questions can be directed to the Coordinator for triage.
<b>Voices of the Community</b>	No questions or comments from the public in attendance.
<b>NEW BUSINESS</b>	
<b>Presentations</b>	<p><b>Seniors and Continuing Care – Kerri Mills, Area Manager, Senior Health - Navigating the Golden Years</b></p> <p>Highlights of the Presentation:</p> <ol style="list-style-type: none"> <li>1. Preparing for conversations, caregiving, and preplanning. The appropriate time to start planning for the next steps. Caregiver supports. Myths about preplanning. Facts about the preplan. Having conversations with family, looking into support for staying in one’s home.</li> <li>2. Accessing services, housing finances, transportation and how these lead to living options. Accessing support (private or provincial). Looking at housing options, home living, supportive living, DSL3 (Designated Supportive Living Level 3), DSL4 (Designated Supportive Living Level 4), LTC (Long Term Care).</li> <li>3. Getting paperwork in order Goals of Care, income taxes, finances, personal directives, power of attorney, funeral arrangements.</li> <li>4. Shared Links to resources. <ul style="list-style-type: none"> <li>• <a href="http://www.ahs.ca">www.ahs.ca</a></li> <li>• <a href="http://www.hc-sc.gc.ca">www.hc-sc.gc.ca</a></li> <li>• <a href="http://www.elderwise.ca">www.elderwise.ca</a></li> </ul> </li> </ol>



	<ul style="list-style-type: none"> <li>• <a href="http://www.ascha.com">www.ascha.com</a></li> <li>• <a href="http://www.caregiversalberta.ca">www.caregiversalberta.ca</a></li> <li>• <a href="http://www.veterans.gc.ca">www.veterans.gc.ca</a> 1 866 522 2122</li> <li>• Seniors Benefits 1 877 644 9992</li> </ul> <p><u>Questions from Council:</u></p> <p>Q: How does the household continue when one person goes into supportive living? What happens to the spouse regarding cost of living when one is in long-term care and the other is not?</p> <p>A: There are facilities that offer couple care. The patient needs to have conversations about what that looks like. Continuing Care Access (CCA) is where to start. They assign someone to the case and answer questions.</p> <p>Q: Where do requests to access services go?</p> <p>A: Call the Continuing Care Access Line (CCA) 1-855-371-4122.</p>
<b>Action</b>	<ul style="list-style-type: none"> <li>• Joanne Williams to share information with Sheri regarding the Alberta Reduction of Poverty networking group, Sheri will distribute to Council.</li> <li>• Sheri to attach recruitment newsletter supplied by Cindy to the minutes.</li> <li>• Sheri to send Physician’s Recruitment report to Council.</li> <li>• Kerri to provide Sheri the Continuing Care Access Line.</li> <li>• Include Indigenous Health Support Line in minutes: 1-844-944-4744 is only available in North Zone, 12-8 p.m. Monday-Friday.</li> <li>• Kerri to provide SAGE (Stroke and Geriatric Empowerment), Health link, Veteran’s Affairs, ASCHA and seniors housing advocacy information.</li> </ul>
<b>Date of Next Event</b>	<p>Date: Wednesday, January 11, 2023          Time: 5:00 – 8:00 p.m.          Location: Zoom Meeting</p>



Our meetings are open to the public. Dates and locations are [available here](#).  
[Find your Health Advisory Council here](#). Visit [Together 4 Health](#) (T4H) to engage with AHS online.