



Minutes - Oldman River Health Advisory Council

Tuesday March 20, 2018 12:00 p.m. – 3:00 p.m.

Chinook Regional Hospital, Multipurpose room 2C117/960 19 St. S., Lethbridge, AB.

Council members present: Brad Gillespie (Chair), Lorraine Neal (Vice Chair), Dick Burnham, Ryaan El-Andari, Clifford Elle, Brian Hammond, Henry Heinen, Emma Hult, Dr. Barbara Lacey, Wilma Mulder, Lauren Williams

AHS: James Frey, Andrea Jackson, Gwen Wirth

Public: One

Regrets: Fred Bosma, Katherine Chubbs, Gerri Eagle Speaker, Georgette Fox, Sanowar Hossain, Teri Myhre, Dr. Jack Regehr, Grant Walker

<i>Agenda Item</i>	<i>Discussion</i>	<i>Action</i>
Welcome and Introductions	Brad Gillespie, Chair of Oldman River Health Advisory Council, welcomed participants to the meeting and opened with acknowledgement of the meeting being gathered on Treaty 7 and Metis Region 3 territory, a traditional meeting place and home for many Indigenous peoples including the Blackfoot, Nakoda (Stoney), Tsuu T'ina and Metis people.	
1. Approval of Agenda	Moved by Henry Heinen that the agenda for March 20, 2018 be approved. MOTION CARRIED.	
2. Approval of Minutes	Moved by Dick Burnham that the minutes for January 16, 2018 be approved. MOTION CARRIED.	
3. Presentations		
3.1. Public Comments	Julie Davis, Consultant with Rural Health Professions Action Plan (RhPAP), shared a reminder about the upcoming conference in Brooks on April 11/12.	

<p>3.2. Choosing Wisely Karla Wyld, Patient Leader, Alberta Medical Association</p>	<p>Karla Wyld, Patient Leader with Choosing Wisely Alberta and the Alberta Medical Association, presented an overview of Choosing Wisely. Its focus is promoting healthy conversations between patients and physicians about tests, treatments and procedures in an effort to ensure appropriate care and smart choices. The goal is to reduce unnecessary treatment which can lead to patient anxiety, false positives, medication side effects et al.</p> <p>Choosing Wisely Canada started after patients and physicians identified the need for help in determining what care should be provided and how often. Choosing Wisely Alberta began with five priorities of focus – low back pain, chronic headaches, minor head trauma, blood transfusion and Vitamin D. It has since added to the list, including projects with nine Strategic Clinical Networks (SCN).</p> <p>Choosing Wisely, in partnership with several health organizations, has developed a suite of tools for patients and physicians alike to guide conversations and decision-making. This includes 35 patient pamphlets that identify under what circumstances a service is provided. In addition, it created four questions patients/families should ask a physician when considering a healthcare decision:</p> <ol style="list-style-type: none"> 1) Do I really need this test, treatment or procedure? 2) What are the downsides? 3) Are there simpler, safer options? 4) What happens if I do nothing? <p>Henry Heinen asked who orders MRIs to which Karla responded they are initially ordered by a physician who can determine if a specialist is required. Afterwards, a surgeon may order them.</p> <p>Barbara Lacey asked who is responsible to raise healthcare questions with a physician to which Karla responded both parties are. Each has to weigh the options and the risks of a particular course of treatment.</p>	
<p>4. Old Business Business arising from January 16, 2018 Advisory Council Coordinator</p>	<p>The following is an update of action items from the January 16, 2018 meeting:</p> <ul style="list-style-type: none"> • Tracey Harvey, presenter of Physiological Effects of Substance Abuse, will email her presentation to Andrea to forward to members. Complete. • Invite EMS to the next meeting. In progress; will be reviewed for another meeting date. • Andrea will send a copy of 2018/19 meeting dates to members and zone leadership. Complete. • Andrea and Brad will work on defining council’s role and purpose. Complete. • Andrea will invite Connect Care to present about the new system to a future meeting. To be determined. 	<p>Invite EMS to a future meeting, as per 4.1 on 01/16/2018.</p> <p>Invite Connect Care to a future meeting, as per 4.6 on 01/16/2018.</p>

<p>5. New Business</p>		
<p>5.1. South Zone Executive Leadership Update James Frey on behalf of Katherine Chubbs, Chief Zone Officer, South Zone</p>	<p>James Frey provided the following update on behalf of Katherine Chubbs, Chief Zone Officer, South Zone:</p> <ul style="list-style-type: none"> • Indigenous Cultural Competency and Sensitivity Training – one of the 2017/18 goals of South Zone was for a minimum 10 per cent of its staff to be trained. In January 90 South Zone managers and directors took the training bringing the total of South Zone staff to 15 per cent. It aims to train an additional 25 per cent in the coming year. • Art in hospitals – South Zone received grant funding for six art projects, some of which will be put towards Indigenous art. Artwork is currently placed at bedsides, in the atrium, et al. Additional Indigenous artwork will be purchased for Chinook Regional Hospital and placed throughout. • Operational Planning – we’re at end of the fiscal year and the end of the first year of a three year plan. 2018/19 planning has started with a refresh to determine what needs refining; minimal changes are expected. • Connect Care – many of our staff is involved in the design and development of the integrated system. Roll out will begin in Calgary and Edmonton. South Zone is expected to have main components of it ready in 2021. When rolled out, it will occur to the entire zone, not site specific. Cliff Elle added the patient portal will be operational before end of year. <p>Capital Projects:</p> <ul style="list-style-type: none"> • IMP Money - South Zone will receive Infrastructure Maintenance Program (IMP) money to put towards maintenance at facilities, from cosmetic work to million dollar projects. • Labor and Delivery at Chinook Regional Hospital (CRH) - completion of the labor and delivery unit at CRH was delayed due to work being done on the Intensive Care Unit, which took a year to finish. The unit now has larger, brighter rooms with floor-to-ceiling windows. There is also more space for triage, self-contained operating rooms et al. New doors have been ordered for the Operating Room and once in, work will continue. • Detox services – medical detox services will be available at CRH for up to eight patients and will be housed on the psychiatric unit. Renovations will take place in the summer and the unit is expected to open in the fall. The day treatment program will be housed in the psychiatric unit. • Jack Ady Cancer Centre - rehabilitation medicine has moved into ambulatory care which has freed space for the Centre. Work was completed at Jack Ady in February; move-in for phase three is April. • Organization Design Project - interviews with a consulting company recently took place with 120 managers and directors in South Zone. Draft reporting is expected by mid-April after which 	<p>Andrea to enquire about a mini version of cultural competency and sensitivity training for the May meeting.</p> <p>Katherine to provide update on 2018/19 operational planning in May.</p> <p>Andrea will ask zone leads for information about the difference between public and privately funded MRIs.</p>

	<p>executive leadership will determine steps forward for the larger organization. The design project looks at AHS structure and is an exercise in building efficiency, not cost cutting.</p> <ul style="list-style-type: none"> • Opioids - the last month has been challenging with upwards of 150 overdoses in South Zone. As a result Dr. Verna Yiu, President and CEO, AHS, issued a directive to have Naloxone kits available in all emergency departments and for staff to provide training to patients in need and/or their friends and family. AHS set up an emergency operations centre to support communities most affected and brought in Naloxone kits to distribute in communities. • Supervised Consumption – the service has opened in Lethbridge with the site seeing 150 unique clients over multiple visits in a two week period. Thus far seven overdoses have been prevented at the site through the use of Naloxone. • Overdose Prevention – AHS opened an overdose prevention site on the Blood Tribe First Nation. It provided the trailer and ARCHES (AIDS Outreach Community Harm Reduction Education and Support Society) Lethbridge providing the support staff. While AHS does not deliver care it does provide supports through its addiction and mental health services. <p>Dick Burnham asked about progress on a new hospital in Cardston. James replied it's one of AHS' lead capital projects and while we've put forth recommendations, we await government decision. In the meantime we continue to work on infrastructure maintenance.</p> <p>Emma Hulit asked for a status update on beds in Milk River. James responded that zone leads met with Mayor Peggy Losey two weeks ago to advise about progress. AHS has completed its analysis on the human resources side of things; now we await a designer to come in to convert three hospital beds to two. Once this occurs renovations will be fast and beds should be ready in the fall. The plan is to not remove anything but to renovate the existing space and add to it. Current rooms are too small for building code standards.</p>	
<p>5.2. Report from Council Chair, Brad Gillespie</p>	<p>Brad Gillespie reported on the following:</p> <ul style="list-style-type: none"> • Council of Chairs met in February where executive leadership focused on AHS' three-year business plan. They emphasized the move from an illness to wellness model with a goal of being proactive about health. AHS wants to anticipate, prepare for and respond to issues in the next three to ten years. The focus is for more services in the community, less in institutions; • Connect Care is well suited to the wellness model of care as a larger portion of information will be in the hands of the patient; • Reputation Survey was conducted by AHS and responses indicate the top issues identified are wait times and access to services, which is reflective of trends in the South Zone. 	

	<ul style="list-style-type: none"> • Work Plan Development – a copy of the template has been shared with members. Goals are streamlined to align with the role of councils; council will include their objectives in the plan; • Palliser Triangle HAC – Dr. Ken Sauer’s term as chair has come to an end though he will remain on council until 2019. The newly elected chair is Reg Radke and vice chair is Blake Pedersen; • New Chair in Council of Chairs – with Larry Albrecht’s departure Brad has been elected as new co-chair of the council of chairs along with Lucille Partington; • Council of Chairs – at the next meeting chairs will meet with an external consultant to focus on the role of the councils – what is it, what could it be, what should we not be doing, et al. The group will also discuss higher level goals and objectives of the chairs. 	
<p>5.3. Advisory Council Coordinator Update Andrea Jackson, Advisory Council Coordinator</p>	<p>Andrea Jackson provided the following update:</p> <ul style="list-style-type: none"> • Advisory Council Satisfaction Survey – thank you to those who completed the survey. Feedback will help shape the future of councils; • Work Plan Development – these plans are developed to guide the work of the council. We have revised the template to better reflect the role of Advisory Councils, as per the bylaws. • Annual Reports - the draft will be completed in May for approval at the May meeting; • Open Houses/Municipal Forums – several councils are hosting events in their local communities in the coming months. These engagement events are hosted by the council and planned together with community engagement; • Cannabis Legislation – Medical Officers of Health across the province would like to share an update on the national cannabis legislation with each council in May; • Advisory Council Fall Forum – the date is October 26/27 in Edmonton; • Budget - Council has a new banner with a newly branded Advisory Council identity. It was purchased out of your council budget at a cost of \$239.19. <p>RhPAP conference - moved by Henry Heinen to approve use of Oldman River HAC’s budget for Fred Bosma and Emma Hulit to attend the Rural Health Professions Action Plan (RhPAP) conference in Brooks in April. This included registration fees, accommodations, travel and meals. MOTION CARRIED.</p>	
<p>5.4. Work Plan Review and Update</p>	<p>Council plans to meet between now and the May meeting to discuss and develop its 2018/19 work plan.</p>	<p>Andrea will organize time to meet in April.</p>
<p>5.5. Council Roundtable</p>	<p>Emma Hulit – Emma has taken initiative to bring resources to seniors in Milk River who struggle with depression. She’s provided education opportunities and has promoted an exercise group to folks.</p>	

<p>and Good News Stories</p>	<p>Henry Heinen – \$200,000 has been allotted to Picture Butte towards the Green Acres seniors lodge. This money will go towards a re-study of local lodges to determine what to do with them. In good news, there’s a new clinician at the lab in Picture Butte.</p> <p>Lauren Williams and Ryaan EL-Andari represented council at mental health week in February at the University of Lethbridge. They shared mental health resources and information about the HAC. Feedback from students is the Zone needs to provide better access to reproductive health and to psychiatric resources.</p> <p>Wilma Mulder is on the surgical Strategic Clinical Network and they will meet on April 27 for the first time. She will share updates with the HAC in May.</p> <p>Lorraine Neal continues to share Apple Magazine with a local community group she is part of, and she works with them toward living a healthy lifestyle by increasing physical activity.</p> <p>Cliff Elle shared that at times, when bringing forth a patient experience, it can be indicative of a broader system issue. Andrea reiterated the need for using Patient Relations when individuals bring forward a concern, as they have mechanisms in place for responding and tracking.</p> <p>Barb Lacey has had great success distributing green sleeves at her senior’s home.</p>	<p>Andrea will get more green sleeves for Barb and Emma.</p>
<p>6. Next Meeting</p>	<p>Date: Tuesday, May 15, 2018 Time: 12:00 p.m. – 3:00 p.m. Location: Blood Tribe Department of Health, Standoff, AB</p>	
<p>7. Meeting Evaluation and Adjournment</p>	<p>Moved by Henry Heinen that the meeting be adjourned at 3:15 p.m. MOTION CARRIED.</p>	