



## Minutes - Oldman River Health Advisory Council

Tuesday May 15, 2018 12:00 p.m. – 3:00 p.m.

Kainai Continuing Care Centre, Great Hall Room, Hwy 2, Stand Off, AB.

**Council members present:** Fred Bosma, Gerri Eagle Speaker, Ryaan EL-Andari, Clifford Elle, Georgette Fox, Brian Hammond, Henry Heinen, Emma Hulit

**AHS:** Katherine Chubbs, James Frey, Andrea Jackson, Teri Myhre, Gwen Wirth

**Public:** 6

**Regrets:** Brad Gillespie (Chair), Lorraine Neal (Vice Chair), Dick Burnham, Sanowar Hossain, Dr. Barbara Lacey, Wilma Mulder, Dr. Jack Regehr, Grant Walker, Lauren Williams

<i>Agenda Item</i>	<i>Discussion</i>	<i>Action</i>
<b>Welcome and Introductions</b>	With Brad Gillespie’s approval, Cliff Elle stepped in as acting chair. Cliff welcomed all attendees. Public member, Lori Healy, Community Health Manager, acknowledged the meeting is being held on Treaty 7 and Metis Region 3 territory, a traditional meeting place and home for many Indigenous peoples including the Blackfoot, Nakoda (Stoney), Tsuu T’ina and Metis people.	
<b>1. Approval of Agenda</b>	Moved by Henry Heinen that the agenda for May 15, 2018 be approved. <b>MOTION CARRIED.</b>	
<b>2. Approval of Minutes</b>	Moved by Ryaan EL-Andari that the minutes for Mach 20, 2018 be approved. <b>MOTION CARRIED.</b>	
<b>3. Presentations</b>		
<b>3.1. Public Comments</b>	N/A	

<p><b>3.2. Cultural Competency Blanket Exercise</b> Katherine Chubbs, Chief Zone Officer, South Zone</p>	<p>Katherine Chubbs, Chief Zone Officer for South Zone AHS led a Cultural Competency Blanket Exercise, an interactive learning experience that teaches the 500 years of Indigenous rights history in Canada. It was developed in response to the 1996 Report of the Royal Commission on Aboriginal Peoples — which recommended education on Canadian-Indigenous history as one of the key steps to reconciliation. It is an experiential exercise that helps participants to understand the history that includes forced displacement from traditional lands, loss of spiritual connection to those lands, loss of culture, the impacts of the residential schools and children being removed from homes.</p> <p>The blanket exercise is about understanding a crucial vulnerable population in our Indigenous People, who have had and continue to experience extreme social and health inequities that other populations do not experience.</p>	
<p><b>3.3. Conversation with Blood Tribe Department of Health (BTDH)</b> Kevin Cowan, CEO, BTDH</p>	<p>Kevin Cowan encouraged local community members to share updates from the Blood Tribe community:</p> <p>Opioid crisis: Roger Prairie Chicken, Assistant Director and Crisis Coordinator with Kainai Wellness shared stories from within the community that indicated a drug problem was imminent. In a recent month there were 18 deaths from alcohol and drug use on the Blood Reserve. He stresses this is not a First Nations problem this is a national problem.</p> <p>In recent months there has been a lot of education about drug use, as well as work with communities to determine needs for possible future services. The Blood Reserve has received funding from AHS and the federal government for a mobile clinic and is actively looking to recruit a nurse practitioner and a registered nurse. In addition, a Community Health Plan is in the process of being developed with the Blood Tribe and Lene Jorgensen, Director, South Zone Planning.</p> <p>Jacen Abrey, EMS with the Blood Tribe Department of Health, shared there was a period of time when 8-10 overdoses took place on the Blood Reserve during the course of one shift and four people on shift to deal with it all. There is not an emergency room in Stand Off so EMS had to take patients elsewhere, farther away. They currently respond to 3000 emergency calls a year and staff is exhausted. They are under-funded and need assistance to meet demand.</p> <p>Jacen adds EMS has been good at distributing Naloxone but with drugs coming in that are stronger potency, they only have about one-third of the amount required to bring a person back from an overdose. Volunteer</p>	

	<p>fire fighters have been trained in administering Naloxone in a further attempt to broaden reach and as of this date EMS has not lost a patient to overdose.</p> <p>Lori Healy stated that in 2013-2015 there was a rise in prenatal substance use and that now we have to address the long-term effects of opioid use on babies. Suboxone saves lives but a lot of our Indigenous people don't understand what it is and its purpose; we need more education.</p> <p>Another local concern is the rise in Hepatitis C. The Community Health program is engaging in an eco-project with a doctor in hepatology where education about the treatability of the illness and lifestyle changes is a key component.</p> <p>The Community Health program is also working toward obtaining a mobile outreach unit to support high risk people in the community. Medical transport is a problem so this unit can reach out to them. A harm reduction nurse was hired in 2016 but the community needs an entire program for harm reduction.</p>	
<p>4. <b>Old Business</b></p> <p><b>Business arising from March 20, 2018</b></p> <p>Advisory Council Coordinator</p>	<p>The following is an update of action items from the March 20, 2018 meeting:</p> <ul style="list-style-type: none"> <li>• Invite EMS to a future meeting. <b>To be determined.</b></li> <li>• Invite Connect Care to present about the new system to a future meeting. <b>To be determined.</b></li> <li>• Andrea to enquire about a mini version of cultural competency and sensitivity training for the May meeting. <b>Complete.</b></li> <li>• Katherine to provide update on 2018/19 operational planning in May. <b>Complete.</b></li> <li>• Andrea will ask zone leads for information about the difference between public and privately funded MRIs. <b>Complete.</b></li> <li>• Andrea will organize time to meet in April re: work plan development. <b>Complete.</b></li> <li>• Andrea will get more green sleeves for Barb and Emma. <b>Complete.</b></li> </ul>	<p>Invite EMS to a future meeting, as per 4.1 on 01/16/2018.</p> <p>Invite Connect Care to a future meeting, as per 4.6 on 01/16/2018.</p>
<p>5. <b>New Business</b></p>		
<p>5.1. <b>South Zone Executive Leadership Update</b></p> <p>Katherine Chubbs, Chief</p>	<p>Katherine Chubbs, Chief Zone Officer, South Zone, shared the following update:</p> <p>Opioids – South Zone has done a lot of work with Stand Off on the recent opioid crisis. It's also found there are hundreds of people a day accessing the Supervised Consumption Service in Lethbridge, more than those accessing the site in Calgary. AHS is working with ARHCES (AIDS Outreach Community Harm Reduction &amp; Support Society) and government to plan implementation of a short-term opioid site and increasing hours of</p>	

<p>Zone Officer, South Zone</p>	<p>the existing site to 24 hours/day. The harm reduction philosophy is saving lives and through the use of naloxone kit there have been no deaths.</p> <p>Operational Plan Update:</p> <ul style="list-style-type: none"> <li>- The first year is complete (2017) and we're in the process of sending the plan to the Alberta government;</li> <li>- <b>Cultural Competency</b> - we've got nearly 20 per cent of staff trained, double our targeted goal. There are 7,000 staff in south zone and we aim to get them all trained within three years. As part of the Truth and Reconciliation recommendations, the zone is developing an action plan pertaining to the health work force;</li> <li>- <b>Addiction and Mental Health</b> – the needs assessment in communities is complete and the final report is in progress. A large focus has been working with Blood Reserve with a mobile unit as the number one priority, in Stand Off. Children's and senior's mental health are other big focuses;</li> <li>- <b>Patient Flow</b> – we are working on getting dedicated resources in South Zone. We've got a large deficit in seniors and mental health beds and hospitals are full with a large number of beds used by patients who could be cared for at home or elsewhere;</li> <li>- <b>Chronic Pain Plan</b> – we are working towards implementation of the plan;</li> <li>- <b>Workforce Engagement</b> – we are in the process of talking with staff about patient and staff safety. Within six months we plan to undergo community engagement and will seek HAC involvement.</li> </ul> <p><b>Standards in long term care facilities</b> – there is a provincial team auditing all of our sites. The focus is improving quality of our senior's facilities.</p> <p><b>Financial process</b> – South Zone has worked hard to get out of debt and has closed the gap by 75 per cent in the last year. South Zone is very lean.</p> <p><b>Diversity and inclusion census</b> – a survey has gone out to all AHS staff and is meant to help AHS understand what is important to them so as to create more inclusive and safe work environments.</p> <p><b>Connect Care</b> – progress is on time and on budget.</p> <p><b>Organizational design</b> – management has all been interviewed and recommendations will be out in June re: building a high performance leadership team.</p>	
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	Brian Hammond said he is encouraged by these initiatives and added it would be helpful to have some of the above information available, perhaps in summary form, to share with people in the community. Katherine advised she can share with the HAC the report-back on how the zone has met operational objectives.	
<b>5.2. Report from Council Chair, Brad Gillespie</b>	Brad Gillespie was not in attendance so this report is tabled to the September meeting.	
<b>5.3. Advisory Council Coordinator Update</b> Andrea Jackson, Advisory Council Coordinator	<p>Andrea Jackson provided the following update:</p> <ul style="list-style-type: none"> <li>• <b>Advisory Council Satisfaction Survey</b> – Community engagement is completing a thorough evaluation of responses, then preparing a survey report for each council as well as an overall report. It will also engage with members to identify how they would feel most satisfied in their roles and develop a strategy that addresses gaps and opportunities identified. The goal is to improve satisfaction by five per cent by March 31, 2019.</li> <li>• <b>Work Plan Approval</b> – final drafts are complete and ready for approval by council today;</li> <li>• <b>Annual Reports</b> – final drafts are complete and ready for approval by council today;</li> <li>• <b>Advisory Council Fall Forum</b> – the forum is scheduled for October 26/27 in Edmonton. The steering committee has met and planning is well underway; members are being asked for input ;</li> <li>• <b>Promotion of Tools</b> – we are considering the use of a one-pager vs. brochure about each HAC and are asking for member input. See sample in meeting package and provide feedback to Andrea;</li> <li>• <b>Budget</b> - Emma Hulit attended the RhPAP conference in Brooks in April. Registration fees, accommodations, travel and meals came to: \$715.56 leaving the balance at \$4,284.44.</li> </ul>	
<b>5.4. 2018/19 Work Plan Review and Approval</b>	Moved by Henry Heinen that the 2018/19 work plan draft be approved, as amended. <b>MOTION CARRIED.</b>	
<b>5.5. 2017/18 Annual Report Review and Approval</b>	Moved by Henry Heinen that the 2017/18 annual report draft be approved. <b>MOTION CARRIED.</b>	
<b>5.6. Council Roundtable</b>	<b>Emma Hulit</b> – curious why the HAC was not invited to a meeting that took place with the Mayor. Katherine responded	

<p><b>and Good News Stories</b></p>	<p><b>Henry Heinen</b> thanked Gerri Eagle Speaker for her assistance and hospitality today in Kainai. He also shared the X-ray technician in Picture Butte is doing great work. On June 1 there will be a social to say farewell to parting technician.</p> <p><b>Ryaan EL-Andari</b> recently got accepted to the University of Alberta in med school so will be leaving the HAC. Council thanked him for his involvement and congratulated him on his success.</p> <p><b>Brian Hammond</b> expressed gratitude for the opportunity to come to the Kainai Continuing Care Centre today and to participate in the Blanket Exercise. He shared appreciation for what both Gerri Eagle Speaker and Georgette Fox have brought to the table and for the commitment they've made to their peers. He also appreciates zone leadership attending these meetings for council to share thoughts and concerns with. Brian concluded that lack of transportation options is a continual concern for those in and around Pincher Creek; work needs to be done to address the growing need.</p> <p><b>Gerri Eagle Speaker</b> thanked everyone for coming to Blackfoot territory for the HAC meeting. As she approaches her 33 year working with the Blood Tribe Department of Health she appreciates that others are looking at the needs of the Blood Reserve and trying to close some gaps.</p> <p><b>Georgette Fox</b> thanked everyone for coming to the Blood Reserve and for taking the tour of the Kainai Continuing Care Centre.</p>	
<p><b>6. Next Meeting</b></p>	<p>Date: Tuesday, September 18, 2018  Time: 12:00 p.m. – 3:00 p.m.  Location: Taber Health Centre, 4326 50<sup>th</sup> Ave., Taber, AB</p>	
<p><b>7. Meeting Evaluation and Adjournment</b></p>	<p>Moved by Ryaan El-Andari that the meeting be adjourned at 3:00 p.m. <b>MOTION CARRIED.</b></p>	