

Rebecca believes meaningful engagement will spur positive results for her community.

A passion for healthcare and a desire to improve the well-being of individuals within her community brought Rebecca Bultsma to the Oldman River Health Advisory Council.



Rebecca loves to explore new cities and is a selfproclaimed 'nerd' when it comes to productivity apps and new technology to simplify and enhance life.

"I believe that by actively participating in the advisory council, I can contribute to improving healthcare services and addressing the unique health needs of my community.

"Additionally, as a communications professional, I have first-hand experience witnessing the importance of stakeholder engagement, its transformative power in decision-making processes, and its positive impact. I wanted to be a part of utilizing this to advance healthcare in my community."

A self-professed 'nerd', Rebecca also gets excited about the technological advances of our society.

"We can harness the power of these advancements to make a meaningful difference in the lives of others. This extends to using technology to better engage with communities and stakeholders to improve healthcare for all — and

amplify the voices of those who have historically not been heard. By volunteering my time, I can be a voice for those who may feel unheard or marginalized in the healthcare system."

As she learns the ropes of being a new council member, Rebecca's goals include addressing health disparities and enhancing community engagement.

"I want to work collaboratively with healthcare providers and community stakeholders to identify and address barriers to access and quality of care. By advocating for equitable healthcare services, particularly for marginalized and underserved populations, I aim to contribute to reducing health disparities and improving health outcomes for all community members.

"I also want to foster a culture of active participation and collaboration between healthcare providers, patients, families and community members. Through community events, seeking input through surveys or focus groups, and promoting transparency, I aim to ensure that our community's diverse perspectives and needs are heard and considered in healthcare planning and decision-making processes."

In her free time, Rebecca likes to explore new cities and seek out the vibrant energy and unique experiences they offer.

"Whether I'm hiking mountains, listening to podcasts and audiobooks, travelling to new places, trying new restaurants, or geeking out over the latest productivity tools, I find immense joy in the adventure, knowledge, and efficiency they bring."

For more information on the Oldman River Health Advisory Council, visit <u>ahs.ca/advisorycouncils</u>, or email <u>oldmanriver@ahs.ca</u>.