



## Andrew draws inspiration from other young leaders as he contributes to healthcare excellence

Improving healthcare and helping humanitarian causes rank high on the to-do list of Andrew Nguyen, whose worldview came into a sharper, kinder focus in his teens thanks to a high school trip to Costa Rica.

A soon-to-be Master's Student at the University of Toronto, Andrew recalls seeing firsthand “the disparity in income, in health (especially for children), in justice and in opportunities compared to Canada,” an experience that projected Andrew into his current path towards pursuing excellence in healthcare and humanitarian relief.

“I have a desire for our healthcare to be a world-class system in all aspects,” he adds. “In this way we can share and help those across the world to also have high quality and accessible healthcare.”

Andrew first heard about Health Advisory Councils as a volunteer in pediatrics and emergency at the Peter Lougheed Centre.

“I wanted to join the Council to engage in meaningful conversations about healthcare in Alberta — and to provide the perspective of youth and young adults. In my life I've been inspired by other young leaders to step up and take action in engaging with my community. So I applied.

I'm motivated to be excellent at what I do, to maximize joy through service to others, and to humbly help others to do and become the same.”

As he learns the ropes as a member of the Council, Andrew aims to spark civic engagement through conversations that encourage all to participate in their healthcare with Alberta Health Services (AHS).

“Our Health Advisory Councils love to listen and learn from the public. I want to be a champion communicator and mediator of important dialogue between AHS and its users.”

In his spare time, while there's not a lot of it, Andrew enjoys swimming, photography, travel and “quality time with friends over good food.”

One of his interests is in how society wields power, authority and influence to enact policy. “I've become quite the governance nerd after serving as president of the Students Association of Mount Royal University.”



*Andrew Nguyen strives to spark civic engagement through conversations in his community.*

For more information on the Prairie Mountain Health Advisory Council, visit [ahs.ca/advisorycouncils](https://ahs.ca/advisorycouncils), or email [prairiemountain@ahs.ca](mailto:prairiemountain@ahs.ca).