

Minutes – Tamarack Health Advisory Council

Thursday, April 5, 2018 from 5:00 p.m. to 8:00 p.m. via Telehealth in Whitecourt, Edson, Grande Prairie, Calgary and telephone.

Council members present: Ruth Martin Williams (Chair), Daniel Pritchard, Linda West, Sheila McKeand, Debra Hagman, Gary Beeson
AHS: Sarah Hope, Sandra Herritt, Debi Morris, Dr. Kathryn Koliaska, Shauna Wallbank
Public: One
Regrets: Denise Lambert (Vice Chair), Darlene Chartrand, Sherry Jefferys, Christie Homeniuk, Doug Heine

<i>Agenda Item</i>	<i>Discussion</i>	<i>Action</i>
Welcome and Introductions	Ruth Martin Williams welcomed those in attendance to the meeting.	
1. Approval of Agenda	Moved by Gary Beeson to approve the agenda of Thursday, April 5, 2018. MOTION CARRIED.	
2. Approval of Minutes	Moved by Sheila McKeand to approve the minutes of Thursday, February 8, 2018. MOTION CARRIED.	
3. Presentation Cannabis Legislation – Dr. Kathryn Koliaska, Medical Officer of Health	<p>Dr. Kathryn Koliaska provided council with an overview of the Alberta legislation for the control and regulation of cannabis. This included information on the differences between the cannabis plant and the products derived from it.</p> <p>Dr. Koliaska also provided an overview of the Alberta Cannabis Framework and the public health priorities. As cannabis is legalized the Government of Canada and the Province of Alberta will be looking at ways to reduce the harms associated with cannabis use, and providing education and safer use guidelines to individuals. Council also had the opportunity to ask a few questions. One of the questions was regarding the regulations of edibles and legal amounts of cannabis they can contain? Dr. Koliaska noted that AHS is working with Alberta Health, AHS Environmental Public Health, and other partners like the Alberta Liquor and Gaming Control to discuss where and how the regulation or control of edibles will be done.</p>	



<p>4. Council Roundtable and Good News Stories</p>	<p>Linda West shared with council that Dr. James Silvius is presenting on May 25th in Westlock as a part of council’s public information sessions. Dr. Silvius will be presenting on Medical Assistance in Dying and Enhancing Care in the Community. There is an opportunity for council to learn from the most recent session in Edson and improve for future sessions. Linda West shared that she will also be attending an upcoming meeting of a local palliative care group.</p> <p>Debra Hagman attended the Mayerthorpe Hospital Auxiliary meetings. Concerns were shared about the restorative care program and where space will come from. Debra Hagman also noted the ambulance capacity and wait times have become a concern in the community.</p> <p>Gary Beeson attended the skills weekend in Swan Hills put on by the Rural Health Professionals Action Plan (RhPAP). Swan Hills also recently celebrated Health Professions Appreciation Day. June 24 is the annual Swan Hills Ducks Race. There were 43 medical professional students from NAIT and the U of A. The students practiced skills at the hospital and afterwards the community hosted a number of events for the students.</p> <p>Sheila McKeand noted that AHS has recently taken over the former Good Samaritan Long Term Care site in Hinton.</p> <p>Ruth Martin Williams shared with council an update from the public session in Edson and that there were some positive lessons learned. The dialysis unit is now open in the Edson Healthcare Centre.</p>	<p>Melony Cole Zettler to provide Linda with posters and promotional material for upcoming sessions and events. Complete.</p> <p>Melony Cole Zettler to provide Debra Hagman with more information about ambulance capacity and wait times in Mayerthorpe. Complete.</p>
<p>5. Old Business</p>		
<p>5.1. Business Arising From the Minutes</p>	<p>Moved by Gary Beeson to approve the expenses for a new banner, branded notebooks and pens from the Tamarack HAC community engagement budget. MOTION CARRIED.</p>	



range of services throughout the age range; this includes working with community partners. AHS is seeing an increase in requests for services across the board, there are three sites across the North Zone that is specific for psychiatry but Edmonton is most often used and referred to because of natural travel patterns and corridors of care.

Gary Beeson noted that Swan Hills and Barrhead are connected and many of the services in Swan Hills come from Barrhead. Swan Hills is also currently looking for a new Mental Health Worker.

Debi Morris added that AHS has seen a growth in Child and Adolescent Mental health services and we are working closely with family and other support systems to work towards seamless care.

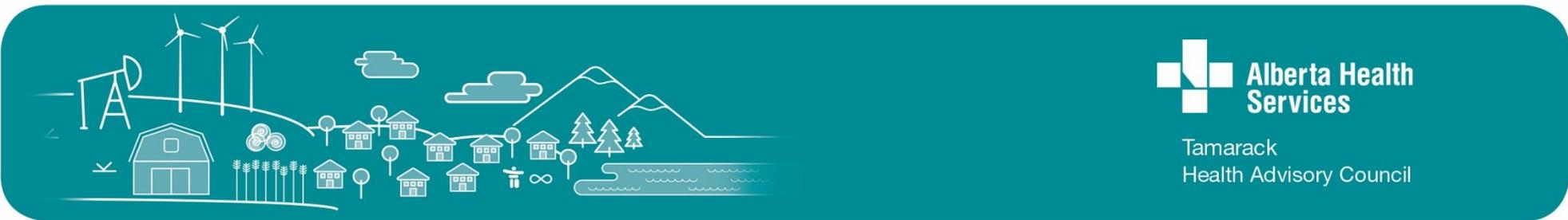
Debra Hagman asked what is being done for mental health and individuals living in relative isolation. Debi Morris responded that AHS is looking at how we can partner with other organizations and programs to provide services and help to connect people with resources, services and each other. We are looking at community based solutions rather than hospital based solutions. We are looking at how we make sure that individuals who are using these services somewhat informally, are still being assessed for who needs more support and how can we connect them to the services they need.

Ruth Martin Williams spoke about some current barriers preventing youth from accessing certain mental health services. Debi Morris added that AHS has been discussing these barriers and the legislation requires dual parental consent unless individuals are deemed mature minors. We also know there are challenges in instances where contacting both guardians can be challenging. A clinical nurse educator has been working with individuals in Whitecourt to discuss how mature minors are defined, what the legislation states and how we can abide by these guidelines and still aim to provide the most barrier free access to services as possible.

Ruth Martin Williams also added that council is looking at the needs of seniors at a local



	<p>and provincial level, and coordinating with the other councils. Debi Morris added that AHS Addiction and Mental Health are coordinating with the Seniors Health portfolio to address some of these same topics.</p>	
<p>6.5 Physician Recruitment Report- Shawna Wallbank, Physician Resource Planner</p>	<p>Shawna Wallbank provided an update on physician recruitment in the Tamarack Zone.</p> <ul style="list-style-type: none"> • Two Family Medicine physicians are being recruited in Hinton • Recruitment of one family medicine physician and one family physician with anesthesia capabilities in Westlock are nearly complete • Twenty-one family medicine positions, and 10 specialists were recruited in Northern Alberta in 2017 • Six family medicine physicians and one specialist have been recruited in 2018. 	
<p>6.6 Report from the Chair – Ruth Martin Williams, Chair</p>	<p>Ruth Martin Williams provided council with an update from Council of Chairs. Council of Chairs are looking at work plans, how they are formed and revisiting the process. The presentation from Dr. Silvius on Connect Care as a part of enhancing care in the community was excellent and believes will really work to continue to put patients first. Council of Chairs has also requested that they be given more notification when AHS and elected leaders are visiting communities.</p>	
<p>6.7 Advisory Council Update – Sarah Hope, Community Engagement Advisor</p>	<p>Sarah Hope provided the following update:</p> <ul style="list-style-type: none"> • Advisory Council Satisfaction Survey - thank you to all who responded. Feedback received will help shape the future of councils. • Work Plan Development – these plans are developed to guide the work of the council. • Annual Report – the draft will be completed for approval at the May meeting. • Cannabis Legalization – Medical Officers of Health will have an update in the spring on this legislation and would like to share it with council at its May meeting. • Advisory Council Fall Forum – due to venue availability, the date has changed to October 26/27 in Edmonton. • Budget – Councils 2017/2018 budget sits at \$3050.17 remaining 	



7. Next Meeting	Date: Thursday, June 7, 2018 Time: 6:00 p.m. to 8:00 p.m. Location: Barrhead Healthcare Centre	Melony Cole Zettler to change the meeting to start at 6:00pm with a facility tour at 5:00pm. Complete.
8. Meeting Evaluation and Adjournment	Moved by Sheila McKeand for the meeting to adjourn at 7:18 p.m.	

DRAFT