



Minutes – Yellowhead East Health Advisory Council

Wednesday, March 14, 2018 5:00 pm – 8:00 pm St. Mary’s Hospital – Multipurpose Rm - Camrose, AB

- Council Members:** Pat Johnson (Chair), Gary Duffett (Vice Chair), Elna Eidsvik, Sarah Hissett, Doug MacKay, Deborah McMann, Ken McNeil, Taneen Rudyk, Elaine Sorochan
- Alberta Health Services:** Sherie Allen, Maya Atallah, Leanne Grant
- Public:** Four
- Regrets:** Glenys Reeves

<i>Agenda Item</i>	<i>Discussion</i>	<i>Action</i>
Welcome and Introductions	Pat Johnson, co-chair welcomed everyone and introductions occurred.	
1. Approval of Agenda	Moved by Taneen Rudyk that the agenda of Wednesday, March 14, 2018 be approved. MOTION CARRIED.	
2. Approval of Minutes	Moved by Gary Duffett that the minutes of Monday, February 12, 2018 be approved. MOTION CARRIED.	
3. Presentations		
3.1. Primary Care Network – Colleen McKinstry – Clinical Director, Camrose Primary Care Network Stacey L. Strilchuck – Executive Director, Camrose Primary Care Network Elisa	Colleen and Stacey from the Camrose Primary Care Network presented on the Youth Hub. The Camrose Primary Care Network (PCN) and the Camrose Open Door Association have partnered together to offer a one-stop shop for youth and young adults to access primary healthcare, counselling, and addiction, mental health, and social supports, otherwise known as the Youth Hub. Anyone between the ages of 11 and 24 and their families can access this service by calling, texting, or visiting the Open Door in Camrose. Services are offered not only to Camrose residents but also to some Central Regions of Alberta including Tofield, Lougheed, and Bashaw.	

	<p>Referrals are accepted in various ways including school staff, family members, or self. Once the services are accessed, the person will be contacted by the outreach navigator who makes sure to help find the right assistance as well as follows up to make sure that services are working. The navigator also helps to set up the clients with a family doctor to ensure all supports are met in the future.</p> <p>Some work is being conducted with the province to set up a secure information sharing agreement that meets the rules of the Health Information Act and allows community partners to confidentially share information with each other. This will promote more service building relationships with each other to better provide non-duplicated services to the clients.</p>	
4. Old Business		
4.1. Review of Action Items from the minutes of Monday, February 12, 2018	<p>Maya Atallah provided an update on outstanding items from the Monday, February 12, 2018 HAC meeting:</p> <ol style="list-style-type: none"> 1. Pat will email the link to the lab services report to council. Complete. 	
5. New Business		
5.1. Voices of the Community	<p>Lou Henderson introduced herself as a Provincial Advisory Council (PAC) member for Seniors & Continuing Care from Camrose. Lou explained what her role is and the role of the PAC.</p> <p>Colleen Lindholm of Rural Health Professions Action Plan (RhPAP) introduced herself. Colleen shared that Dr. Chris Nichol will be presented with the 2018 RhPAP Rural Physician Award of Distinction during a May 4 “Grow Your Own” health professions skills event for high school students. The event is sponsored by the Camrose & Area Physician Attraction and Retention Committee, Camrose Primary Care Network, Young Minds and RhPAP. There will be a high school skills day on April 20th in Wainwright that will focus on the careers of health care aides and nurses. There will be a post-secondary skills weekend with U of C medical students and health care students in Killam on April 21st and 22nd. On May 3rd, there is a grow your own professionals event in Hughenden. The RhPAP 2018 Stepping It Up: A Renewed Impact community conference will be held in Brooks on April 11-12 2018.</p>	

<p>5.2. Council Member Round Table Updates and Good News Stories</p>	<p><u>Doug MacKay</u> – Doug will be attending the first Primary Care Network meeting on March 15th. The meeting will be held by teleconference.</p> <p><u>Sarah Hissett</u>- Sarah attended the second of three Connect Care Direction Setting sessions on March 13-15 in Edmonton. She found it really eye-opening from a patient's point of view to be part of the Connect Care working sessions. The storytelling that was shared helped put the use of the software into perspective. More than 1,600 Alberta Health Services (AHS) staff, physicians, patient advisors and volunteers will meet in Calgary April 10 – 12 for the third Connect Care Direction Setting session. She took the Mental Health First Aid in Ponoka on March 13th and 14th. Sarah shared that Wainwright is getting a full-time spiritual coordinator in April. Wainwright has also expanded the home care services with new health care aides positions. An after-hours clinic is no longer available in Wainwright due to the loss of the military doctors. Service needs are not being met in Wainwright and community members is having to go to the Hardisty emergency department as their only option Feedback that Sarah received from a public member is that the Alberta Health Services website does not have an easy to use page on vaccinations. It seems that the schedule is available on the website but it is difficult to locate resources on the website such as types of vaccines and information sheets.</p> <p><u>Gary Duffett</u> – Gary shared that Provost is still working on their new clinic. Provost is down to four doctors and hoping to do some work with RhPAP for recruiting physicians. Gary will be attending the Rural Health Professionals Action Plan (RhPAP) conference in Brooks on April 20th. The Mayor of Provost is hoping to have a meeting with the physicians in the community to discuss how to best serve the community. The anesthesiologist is doing more locum work outside of Provost and the ultrasound machine is not being used.</p> <p><u>Elaine Sorochan</u> - Elaine attended a Tough Enough to Talk About It session what provided information on how to recognize mental health problems. The session was called Ready to Relax. It took place on January 25th in Two Hills. Elaine has been hearing concerns from the community about seniors' transportation. There has been some talk between the town and the heath foundation to develop a transportation system.</p> <p><u>Taneen Rudyk</u>– Taneen, as part of the Safe and Healthy Communities Committee for Urban Municipalities Association, had a webinar on February 14 regarding the future of healthcare in Alberta with Dr. Verna Yiu. Dr. Verna hopes to have a more integrated province-wide</p>	

	<p>health system, focused on increasing care in communities. The association that Taneen belongs to has been asked by the Department of Labor to try to offer a mental health in the workplace workshop. They are hoping to try to link it to employers and economic development and the toll that it takes on businesses when there is chronic absenteeism and how that impacts the workplace. The community of Vegreville has booked into the RCMP call logs and found that the number one response is due to mental health. On March 23, through the St. Joseph’s General Hospital a fundraiser will be held in support of BREATHE: Building Resilience in Elders through a Therapeutic Hospital Environment; a project aimed at improving the quality of care for seniors and those with dementia. The money will go towards improving building design features such as vibrant-colored corridor rails, grab-handles and door frames that help seniors navigate the environment as well as installing sensory stimulation equipment, such as lighting to optimize patient stimulation. Her community met with Debora Okrainetz and had discussion on community health care planning and how the statistics of certain services in rural areas is relevant to future planning.</p> <p>Ken McNeil – The ramp-up stage of the Wainwright Health Centre expansion should be done by June. Primary Care Networks are being well received by the community. There will be a health care aide workshop on March 28th in Wainwright. The town has partnered with Lakeland College and is hoping to promote health care careers to the public in the area.</p> <p>Deborah McMann – Deborah shared that the town of Innisfree has access to a Nurse Practitioner once a month. She asked the council why hand sanitizers not used in schools. Discussion was around the safety of the substance as the product may be consumable by students and considered dangerous as well as the cost associated with the product.</p>	
<p>5.3. Central Zone Executive Leadership Update</p> <p>-Sherie Allen, Senior Operating Officer, North (Central Zone)</p> <p>-Leanne Grant - Area Director Camrose/Beaver/Flagstaff Counties</p>	<p>Leanne Grant provided a report on the following:</p> <ul style="list-style-type: none"> - Camrose, Beaver and Flagstaff Counties have been focusing on seniors’ health assessments. It was found that an increase in flu rates have been hitting our elderly population. There is an aim to making sure seniors are getting the right services. - There has been an increase in vacancy rates in homecare nursing and supports; however, they will be orientating ten new hires in Camrose for homecare support. - There has been positive feedback from those involved in the working sessions with Connect Care. - In Camrose, there is a provincial project called discharge screening for clients that - 	

are aged 65 and over. The aim is to ask the right questions when client are first admitted as an inpatient to see if their needs are being met at home. By doing this we hope to start the discharge process earlier. At the end of the pilot, results will be shared with other provincial sites that have already gone through this pilot where findings will be compared.

- Associate Medical Director of St. Mary's in Camrose Dr. Art Jeroni has stepped down from his role. There is a vacancy for the time being.
- A new family physician, Dr. Mursi Jallad, is now available to provide care to Tofield and area residents at the Tofield Medical Clinic. Dr. Mohammed Muneer helped cover the area till March 11th.
- Two physicians are finishing their assessments and will be available in the next three months to the central zone. They are a pediatrician for Camrose and a General Practice physician for Daysland.
- A Psychiatrist has accepted an offer in Camrose. The next area of focus will be a General Practice physician for Daysland.
- Tofield Health Centre has had their roof repaired as well as replaced the nursing stations and finished the tub room in long-term care.
- Hardisty Health Centre is getting some new development to the air conditioning and plumbing system.
- There are available operating room times in Daysland. They are seeking out Physicians to perform the day surgeries so that these spots can be filled.
- The Primary Care Network and Hospice society is partnering up with Providence Place to see if there are available beds in Daysland.
- In hopes of providing better support for senior's assessments, they are being done in their current living arrangements. Assessments in the hospital are not as beneficial as going to the client living space and assessing the environment there.
- Leanne will be part of the Alberta Health Services Executive Education Program Cohort #6. The Executive Education Program helps leaders in Alberta Health Services to develop new approaches beyond their traditional healthcare environment. Her project is to look at the patient care experience at the Cross Cancer Institute. By the end of June she will have met with patients to see what the challenges are for accessing psychosocial resources.

	<p>Sherie Allen provided an update on operations in Central Zone:</p> <ul style="list-style-type: none"> - There is continuing work being done to monitor the zones budget. There is a \$3 million deficit, which is down significantly from where we started. - More funds for enhancing care in community related to addictions and mental health as well as Home Care will be provided. Central zone is trying to get a higher standard than what we currently have. - There are talks with Lloydminster and Vermilion in regards to improving continuing care services in those areas. Work is being done with Vermillion physicians to recruit staff in the diagnostic imaging area. - Some retirements are underway in Alberta Health Services. This means that the structure in Central Zone will be slightly changing. - The assessment plan on the Red Deer Regional Hospital needs to be refreshed. The refresh is to be completed by May of 2018. It will look at other services that are not currently available in Red Deer and introduce them if there is a need identified. There is also talk to support the Lacombe, Vermillion and Olds operating departments. <p>Sherie Allen addressed the following questions: Q: Does the regional planning involve looking at integrating services in the rural area? Meaning having specialized rural sites to support the larger existing sites. A: Red Deer has envisioned expanding their services and many specialists have come together to discuss what services are being sent to Edmonton and Calgary. Safety and sustainability will be factors when deciding what services will be provided in Red Deer as well as other rural areas. Alberta Health Services is trying to develop centers of excellence in rural communities by taking advantage and supporting the sites that are providing great services and have resources to continue to do so. Q: How old is the Red Deer needs assessment in comparison to the Vegreville assessment? A: The Red Deer needs assessment is older than the Vegreville assessment.</p>	<p>Sherie will ask the status of the Zone Healthcare plan and report back at the May meeting</p>
<p>5.4. Report from the Chair - Pat Johnston, Chair</p>	<p>Pat Johnson provided the following update:</p> <ul style="list-style-type: none"> - She advised council that the current work plan by the end of May 2018. - She shared that the Yellowhead East Health Advisory Council top priorities need to be brought forward to Alberta Health Services. Discussions among the councils took place. Currently the top priorities are physician shortage, access and retention of 	<p>Pat will complete a list of the top priorities and share with the group.</p>

	<p>specialists in rural communities, Mental Health, transportation, wait times, and the placement of disabled and handicapped people.</p> <ul style="list-style-type: none"> - She shared that, in collaboration with the David Thompson Health Advisory Council, Yellowhead East Health advisory Council will be hosting a Continuing Care information session hosted out of Red Deer on April 25th. This session will be held by video conference across the central zone. Video conference sites to be determined. More information will be shared with council members when details are finalized. - She shared that during the council of chairs meeting information was shared on having a 24 hour surgical service. <p>Moved by Doug MacKay that Pat Johnson attend the Canadian Mental Health Association “Now We Are Stronger Conference”, on June 4th and 5th in Edmonton and council reimburse expenses. MOTION CARRIED</p> <p>Moved by Taneen Rudky that the Central Zone Medical Officer of Health present about Cannabis legislation at the May HAC meeting. MOTION CARRIED</p>	
<p>6. Advisory Council Coordinator Update, Maya Atallah, Advisory Council Coordinator</p>	<p>Maya Atallah provided the following update:</p> <ul style="list-style-type: none"> - The balance of councils’ Community Engagement budget is \$4,422.91. - Advisory Council Satisfaction Survey - Please fill in the survey sent from the Community Engagement by Friday, March 16th. - Advisory Council Members expenses – All expense claims need to be submitted prior to March 31, 2018. - Work Plan Development – 2018 – A new template has been developed for the work plans this year and they need approval at your May meetings. - Annual reports will be provided for review and approval at your May meetings. - Advisory Council Fall Forum - The Advisory Councils’ Annual Fall Forum will be held on Friday, October 26 and Saturday October 27th at the Delta Inn South in Edmonton. The following Chairs will participate on the Steering Committee: Ruth Martin-Williams, Teresa O’Riordan, Brad Gillespie. - Open Houses/Municipal Forums - the AHS Board and Senior Leadership look forward to hearing more from health advisory councils about the dates and 	

	<ul style="list-style-type: none"> - locations of engagement events. This will help support awareness of your council and engagement with your communities. - Cannabis Legislation - The Medical Officers of Health across the province will have an update this spring on the national cannabis legislation and they would like to share it with you at your May meetings. 	
8. Date of Next Meeting	Date: Wednesday, May 16, 2018 Time: 5:00 p.m. to 8:00 p.m. Location: Lloydminster Hospital 3820 43 Ave, Lloydminster SK S9V 1Y5	
9. Meeting Evaluation and Adjournment	Moved by Ken McNeil to adjourn the meeting at 8:10 pm.	