

DATE:	18 August 2025
TO:	South Zone – All Physicians, Nurses and Managers
FROM:	Alberta Precision Laboratories (APL), South Zone Lab Leadership
RE:	Changes to Infectious Mononucleosis Testing

PLEASE POST OR DISTRIBUTE AS WIDELY AS APPROPRIATE

Key Message

- Effective August 26, 2025, Stat and Routine Infectious Mononucleosis testing performed at the Bow Island, Bassano, Brooks, and Big Country (Oyen) Health Centers will be discontinued.
- Stat infectious mononucleosis orders will be referred to the Medicine Hat Hospital Laboratory.
- Routine orders for infectious mononucleosis will be referred to the Diagnostic Services Centre (DSC) in Calgary.

Background

- APL has been working towards Rural Test Menu standardization.
- This means some tests may be removed while others may be added depending on testing numbers and distance to performing sites. Decisions about test addition/deletion are made following consultation with the local physicians.

How this will impact you

- Stat infectious mononucleosis testing ordered at Bow Island, Bassano, Brooks and Big Country (Oyen) Health Centers will route to Medicine Hat Hospital Laboratory and routine infectious mononucleosis testing with route to the DSC which may lead to a slightly longer turnaround time.
- There is no change to ordering in Connect Care.

Action Required

- Be aware of the testing changes at these sites.

Effective August 26, 2025

Questions/Concerns

- Dr. Megan Brown, Regional Site Chief, Medicine Hat Regional Hospital 403-529-8867, Megan.Brown@albertaprecisionlabs.ca
- Heather Worthington, South Zone Rural Lab Manager, 587-787-2716, Heather.Worthington@aplabs.ca

Approved by

- Dr. Megan Brown, Regional Site Chief, Medicine Hat Regional Hospital, APL
- Laura Jensen, Director Hospital Lab Services, South Zone, APL