



Laboratory Bulletin

Leaders in Laboratory Medicine

DATE:	6 February 2023
TO:	Care Providers in North and Central Zones (excluding regional hospitals in Grande Prairie, Fort McMurray, and Red Deer)
FROM:	DynaLIFE Medical Labs and Alberta Precision Laboratories (APL)
RE:	Molecular Assay for <i>Trichomonas vaginalis</i> , Transition to ESwabs, and Specimen Collection for Urine Culture (only applicable to testing sent to <i>Dyna</i> LIFE)

PLEASE POST OR DISTRIBUTE AS WIDELY AS APPROPRIATE

Key Message

- Transition of community testing to *DynaLIFE* Hub Lab in Edmonton from North and Central Zone communities occurred on December 5, 2022.
- Some collection devices have changed to support testing using DynaLIFE methodologies and platforms.
- Consult the *DynaLIFE* Test Directory for detailed information, for general information see www.dynaLIFE.ca

Actions Required

TRICHOMONAS VAGINALIS TESTING

- In July 2022, *DynaLIFE* implemented the Aptima® *Trichomonas vaginalis* molecular assay for the diagnosis of *Trichomonas vaginalis* (TV) in **adult women**. This adjustment required a **change in collection device**.
- Testing for TV in adult women may be combined with testing for *Chlamydia trachomatis* and *Neisseria gonorrhoeae* (CT/NG) on the same sample.
- Male urethral samples or samples from children cannot be tested by the Aptima® molecular TV assay and
 will continue to be tested by microscopy. Prompt submission in ESwab™ within 24 hours of collection (kept
 at room temperature) is advised as this test is time sensitive.
- Specimens collected in APTIMA® device are stable when kept refrigerated or at room temperature for several days. Prompt submission for molecular testing within 7 days of collection is advised.
- Please use the *DynaLIFE* General Lab Requisition instead of the Microbiology Requisition to order TV by molecular method (for females over 14 years of age).

TRANSITION TO ESWAB™ SYSTEM FOR MICROBIOLOGY SPECIMENS

- The ESwab™ (ESwab™ Liquid-Based Multipurpose Collection and Transportation System) has replaced conventional gel and other transport media (M40 Transystem Amies Gel, with and without charcoal, and COPAN Liquid Amies) for routine cultures. Discontinue use of the routine gel (and other) swabs immediately.
- ESwab™ is **required** for molecular testing of *Streptococcus* Group A and *Arcanobacterium haemolyticum* in acute pharyngitis.
- APL will supply ESwab™ to community hospital sites located in North and Central Zones.
- DynaLIFE will supply ESwab™ to community medical clinics.
- Red Deer Regional Hospital and Grande Prairie Regional Hospital will not transition to ESwab™ at this time.

URINE CULTURE SPECIMEN COLLECTION

- For accurate urine culture results, the ideal specimen is a fresh urine sample transferred immediately to the BD Vacutainer tube which contains boric acid preservative. Fresh urine specimens not in preservative must be refrigerated and processed within 2 hours of collection to avoid overgrowth of organisms and preserve growth of uropathogens. Boric acid preservative extends this timeframe to 48 hours.
- Use of the BD Vacutainer (grey-top) C&S preservative tube is recommended. Fresh urine should be transferred to this tube without delay.
- Midstream urine specimens for C&S not in preservative will be cancelled.





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ACCEPTABLE SPECIMENS, COLLECTION DEVICES AND ORDERING INFORMATION

Patient	Test	Specimen Type*	Acceptable Collection Device	<i>DynaLIFE</i> Order Item #	Unacceptable Collection Device (Reject)		
Female	TV (with or without CT/NG Screen)	Vaginal*	Aptima® MultiTest	1S0093 (APTIMA MULTITEST COLLECTION KIT ORANGE)	ESwab™		
		Endocervical*	Aptima® Unisex	1S0047 (KIT, APTIMA COMBO 2 SWAB)	ESwab™		
		Urine	Aptima® Urine Collection Kit	1\$0040 (APTIMA URINE SPECIMEN COLLECTION SYSTEM)	Fresh Urine or Preserved Urine		
Male (Adult/Child)	TV	Urethral*	ESwab™	1S0118 [ESWAB (FOR MICROBIOLOGY SAMPLES ONLY)]	Aptima®		
	CT/NG Screen	Urethral*	Aptima® Unisex	1S0047 (KIT, APTIMA COMBO 2 UNISEX SWAB)	ESwab™ only NG culture		
Female Child (< 14	TV	All	ESwab™	1S0118 [ESWAB (FOR MICROBIOLOGY SAMPLES ONLY)]	Aptima®		
years)	CT/NG Screen	Vaginal*	Aptima® MultiTest	1S0093 (APTIMA MULTITEST COLLETION KIT ORANGE)	ESwab™		
ALL	CT/NG Screen	Rectal, Throat, Eye	Aptima® MultiTest	1S0093 (APTIMA MULTITEST COLLETION KIT ORANGE)	ESwab™ only NG culture		
ALL		Urine	Aptima® Urine Collection Kit	1\$0040 (APTIMA URINE SPECIMEN COLLECTION SYSTEM)	Fresh or Preserved Urine		
MICROBIOLOGY CULTURE RELATED							
ALL	General culture	All	ESwab™	1S0118 [ESWAB (FOR MICROBIOLOGY SAMPLES ONLY)]	Non-ESwab™		
ALL	Urine culture	Urine	BD Vacutainer preservative tube	1P0008 [URINE TRANSFER STRAW] 1P0011 [BD GREY-TOP URINE C&S TUBE]	Fresh urine (with no preservative)		
ALL	Acute Pharyngitis Screen (NAAT)	Throat	ESwab™	1S0118 [ESWAB (FOR MICROBIOLOGY SAMPLES ONLY)]	Other Gel Swabs		

Ordering Supplies

Lab collection supplies for community providers may be ordered on DynaLIFE Supply Ordering Portal

Effective Immediately

Questions/Concerns can be directed to

- Dr. Robert Verity, Interim Microbiologist lead, DynaLIFE at <u>Bob.Verity@dynalife.ca</u> or (780) 451-3702 ext. 8157
- Dr. Mao-Cheng Lee, Medical Microbiologist, DynaLIFE at Mao-Cheng.Lee@dynalife.ca or (780) 451-3702 ext. 8365
- The DynaLIFE Medical Microbiologist On-Call at (780) 451-3702
- Materials Management Direct Line: (587) 686-3454

Approved by

- Tamara Stock, Vice President, Analytical Operations, DynaLIFE Medical Labs
- Dr. Erene Farag, Provincial Medical Director, DynaLIFE Medical Labs
- Dr. Carolyn O'Hara, Interim Chief Medical Laboratory Officer, Alberta Precision Laboratories