

#### **Leaders in Laboratory Medicine**

# **Laboratory Bulletin**

DATE:	2022 October 31
TO:	All Zones
FROM:	Genetics and Genomics, Molecular Genetics Laboratory, North Sector
RE:	Psychiatrists added to specialists eligible to order C9ORF72 genetic testing

## PLEASE POST OR DISTRIBUTE AS WIDELY AS APPROPRIATE

#### Key Message

• Effective November 1, 2022, psychiatrists will be able to order *C9ORF72* testing for patients meeting criteria. This change will streamline care for these patients.

## **Background**

Molecular Genetics Laboratory, North Sector, offers genetic testing for C9ORF72 to detect repeat
expansions associated with Amyotrophic Lateral Sclerosis and Frontotemporal Dementia. Testing is
currently restricted to neurology and genetics. In some situations, a psychiatrist may be the most
responsible practitioner for patient with dementia or psychosis.

## How this will impact you

- Psychiatrists are eligible to order C9ORF72 genetic testing for the purpose of confirming a diagnosis in patients meeting the following criteria:
  - Patients with a clinical diagnosis of behavioural variant frontotemporal dementia (bvFTD), with supportive imaging (MR brain or FDG-PET CT) OR
  - o Patients that have a primary late onset psychotic disorder AND
  - has a first degree relative with bvFTD, psychosis or another late onset severe psychiatric disorder, ALS, or Parkinsonism
- Clinical information including the patient's diagnosis and relevant family history MUST be included on the requisition
- Incomplete requisitions will result in test cancellation and the sample being discarded
- There are no other changes to ordering criteria/eligibility to order. Genetics and Neurology remaining able to
  order for confirmation of diagnosis. Presymptomatic testing remains restricted to clinical genetics to ensure
  appropriate pretest counselling and consent.

## **Action Required**

Please refer to the APL test directory for test information including ordering instructions
 <a href="https://www.albertahealthservices.ca/webapps/labservices/indexAPL.asp?zoneid=1&SearchText=c9orf&submit=Submit&upperTest=-1&lowerTest=-1</a>

## Effective November 01, 2022

#### **Questions/Concerns**

- Molecular Genetics Laboratory Genetic Counsellors
  - o North 780-407-1015

#### Approved by

- Dr. Dennis Bulman, Medical/Scientific Director, Genetics and Genomics, APL
- Dr. Carolyn O'Hara, Chief Medical Laboratory Officer (Interim), APL