

12 Hour Urine Collections - General (LTR71418)

Last Approved Time: 11/11/2022

Revision: 2.40

Specimen will **not** be tested if label or requisition is missing information.



Caution: The bottle may contain a preservative that may burn your skin.
If liquid in bottle is splashed or spilled, wash spill immediately with water.

Following the instructions below is important for providing you with accurate test results.



Or



Select a time to **start**
Example:



- Completely empty your bladder (pee) into the toilet.
- Write the time and date on the container label as the Start time and date.

John Doe
12345 6700
Start **9:00am Jan 3**
Finish



Requisition for Urine Specimens (Urine) will not be tested.

Patient: _____ Date: _____

Healthcare Worker or Date of Birth: _____

Physician: _____

Prescription: _____

Referral: _____

Test Requested: _____

START TIME & DATE: _____

FINISH TIME & DATE: _____

THIS SPECIMEN MAY CONTAIN PRESERVATIVES AND SHOULD BE USED WITH CAUTION. IF SPILLED, WASH IMMEDIATELY WITH WATER. KEEP OUT OF REACH OF CHILDREN.



Next **12 hours**

The **next** time you pee and **every** time you pee for the next **12 hours**

- Urinate (pee) into a clean, dry plastic container, for example a plastic cup.
 - Pour **all** urine into the bottle every time.
 - Close the lid of the bottle tightly after each urine specimen is added.
 - **If** the bottle had liquid in it from the laboratory, swirl bottle after each urine specimen is added.
- Please keep the bottle upright in a cool, dark place.



At the **end** of the
collection



- Collect a last urine specimen exactly **12 hours after the Start time**. Please try to urinate (pee) even if you do not feel an urge. Completely empty your bladder.
- Write the time and date on the container label as the Finish time and date.
- Make sure the label has **all** of the following:
 - Full first and last name
 - Healthcare number
 - Physician name
 - Start and Finish times and dates
- Please keep the bottle upright in a cool, dark place and deliver bottle and requisition to the laboratory as soon as possible.

John Doe
12345 6700
Dr. Jane Smith (ABC Clinic)
Start 9:00am Jan 3
Finish **9:00pm Jan 3**

