

24 Hour Urine Collection for Catecholamine VMA or Metanephrines (LTR71420)

Last Approved Time: 11/11/2022

Revision: 2.60

Specimen will **not** be tested if label or requisition is missing information.



Caution:

**The bottle contains a preservative that may burn your skin.
If liquid in bottle is splashed or spilled, wash spill immediately with water.**

Following the instructions below is important for providing you with accurate test results.

At your physician's appointment Discuss your medications and get your doctor's approval **before** stopping any medication.

3 days before you start the collection and during the 24 hours of collection

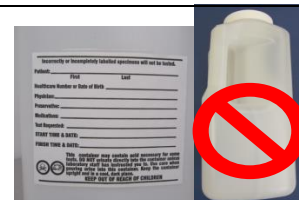
- Please do **not** eat bananas, vanilla, chocolate or peppers.
 - Please do **not** drink any caffeinated beverages.
- If approved by your doctor, do **not** take any of the following medications:
- Acetaminophen (Tylenol)
 - ASA/salicylate
 - α -methyldopa (Aldomet)
 - Buspirone (BuSpar, Apo, Novo-buspirone)
 - Cimetidine
 - Codeine (222-292s, Tylenol #1-4)
 - Isoproterenol (Isuprel)
 - L-dopa (Dopar)
 - Labetolol (Trandate)
 - Mandelamine (Methenamine)
 - MAO inhibitors (Phenelzine, Tranylcypromine)
 - Metoclopramide (Maxeran)
 - Oxycodone

Select a time to **start**
Example:



- Completely empty your bladder (pee) into the toilet.
- Write the time and date on the container label as the Start time and date.

John Doe
12345 6700
Start **9:00am Jan 3**
Finish



Next **24 hours**

The **next** time you pee and **every** time you pee for the next **24 hours**

- Urinate (pee) into a clean, dry plastic container, for example a plastic cup.
- Pour **all** urine into the bottle every time.
- Close the lid of the bottle tightly after each urine specimen is added.
- Swirl bottle after each urine specimen is added.



Please keep the bottle upright in a cool, dark place.

At the **end** of the collection



- Collect a last urine specimen exactly **24 hours after the Start time**. Please try to urinate (pee) even if you do not feel an urge. Completely empty your bladder.
- Write the time and date on the container label as the Finish time and date.
- Make sure the label has **all** of the following:
 - Full first and last name
 - Healthcare number
 - Physician name
 - Start and Finish times and dates
- Please deliver bottle to the laboratory today.

John Doe
12345 6700
Dr. Jane Smith (ABC Clinic)
Start 9:00am Jan 3
Finish **9:00am Jan 4**