

24 Hour Urine Collection for Trace Elements (LTR71422)

Last Approved Time: 11/11/2022

Revision: 2.60

Specimen will **not** be tested if label or requisition is missing information.

Following the instructions below is important for providing you with accurate test results.

2 days before you start the collection and during the 24 hours of collection:

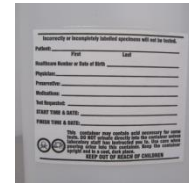
- If testing for arsenic, do not eat seafood.

Select a time to **start**
Example:



- Completely empty your bladder (pee) into the toilet.
- Write the time and date on the container label as the Start time and date.

John Doe
12345 6700
Start **9:00am Jan 3**
Finish



Next **24 hours**

The **next** time you pee and **every** time you pee for the next **24 hours**

- Urinate (pee) **directly** into the bottle.

Important:

- Keep the bottle upright in a cool, dark place.
- Do not let water or dust from clothing get into the urine specimen.
- Do not let the urine touch metal or glass.



At the **end** of the collection



- Collect a last urine specimen exactly **24 hours after the Start time**.
- Please try to urinate (pee) even if you do not feel an urge.
- Completely empty your bladder.
- Write the time and date on the container label as the Finish time and date.
- Make sure the label has all of the following:
 - Full first and last name
 - Healthcare number
 - Physician name
 - Start and Finish times and dates
- Please deliver bottle to the laboratory today.

John Doe
12345 6700
Dr. Jane Smith (ABC Clinic)
Start 9:00am Jan 3
Finish **9:00am Jan 4**

