

First Catch Urine Collection - Female (LTR71410)

Last Approved Time: 11/11/2022 Revision: 3.50

Following the instructions below is important for providing you with accurate test results. Specimen will **not** be tested if label or requisition is missing information.

Do not urinate (pee) for **1 to 2 hours** before collection.

Jane Doe 12345 6700 Date Jan 3 Time 9:00am





- 1. Make sure the cup is labelled with **all** of the following:
 - o Full first and last name
 - Healthcare number
 - Date and time of collection



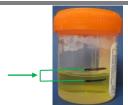
- 2. Wash your hands with soap and water.
- 3. Dry your hands, using paper or cloth towel, if possible.



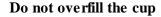
- 4. Remove the lid from the container.
- 5. Place the lid **upside down** on a counter.







- 6. Urinate (pee) into the cup between the two lines. Then stop. **Do not pour urine out if you go past the line.**
- 7. Finish urinating into the toilet.







- 8. Put the lid on the cup.
- 9. Place the cup in the designated area or give to a laboratory staff member.
- 10. Wash your hands with soap and water.

If collecting at home:

- Place specimen and requisition in the bag you were given.
- Refrigerate the specimen, if more than 20 mins between collection and going to the laboratory.
- Take the specimen and the requisition to the laboratory today.
- Lab staff will confirm your name and Healthcare number when you deliver the specimen to the laboratory.