

UHL and UGC Nucleic Acid Amplification

This document is applicable at site(s):

All Sites

How to Prepare	<ul style="list-style-type: none"> Do not urinate for at least one hour prior to specimen collection.
Risks or Caution	No risks or cautions.
Labelling the Specimen	<p>Label the collection container with the following information:</p> <ul style="list-style-type: none"> Your (the patient) full first and last name The date and time of specimen collection Your unique personal health number (PHN or ULI#) Alberta PHN is found on the Alberta Personal Health Card  <p>If you do not have a PHN or ULI please ask your local laboratory for alternatives. Please note all specimens need 2 identifiers to be processed.</p>
Lab Requisition	<ul style="list-style-type: none"> Print the date and time the sample was collected on your lab requisition. Fold and place the requisition in the outside pocket of the plastic bag.
Collecting the Specimen	<ol style="list-style-type: none"> Open the urine container provided to you by the laboratory. Do not cleanse the genital area prior to providing the specimen. Provide approximately 20 to 30 mL of the initial urine stream into the collection cup provided by the laboratory. Please note: Volume collection is important to ensure the accuracy of the test because collection of larger volumes of urine may result in specimen dilution. Finish urinating into the toilet. Close the urine container by the screwing the lid on tightly.
Specimen Delivery to Lab	<ul style="list-style-type: none"> Bring your specimen and requisition to your local laboratory as soon as possible. Store at fridge temperature.
Questions About Your Collection?	<p>Laboratory location, hours and contact information may be found at:</p> <ul style="list-style-type: none"> https://myhealth.alberta.ca Health Link Alberta at 811