

Xylose Tolerance

This document is applicable at site(s):

All Sites

<p>How to Prepare</p>	<table border="1"> <tr> <td data-bbox="332 464 737 569"> <p>Several days before your appointment:</p> </td> <td data-bbox="737 464 1568 569"> <ul style="list-style-type: none"> Take the xylose prescription to your pharmacy to be filled. You are responsible for payment of the pharmacy fee. </td> </tr> <tr> <td data-bbox="332 569 737 674"> <p>Ten hours before the appointment:</p> </td> <td data-bbox="737 569 1568 674"> <ul style="list-style-type: none"> Do not eat or drink anything except for water Note: if you are diabetic, eight hours fasting is acceptable. </td> </tr> <tr> <td data-bbox="332 674 737 980"> <p>The morning of the appointment:</p> </td> <td data-bbox="737 674 1568 980"> <ul style="list-style-type: none"> If the xylose is in a powder form, dissolve it in up to 250mL of water. Bring the drink with you to the laboratory. Do not drink it at home. Be prepared to stay at the laboratory for the duration of the test. The xylose test consists of one blood collection before the drink and another blood collection one hour after the drink. Bring a warm sweater or jacket to put on and if you wish, a snack to eat after all testing is finished. </td> </tr> </table>	<p>Several days before your appointment:</p>	<ul style="list-style-type: none"> Take the xylose prescription to your pharmacy to be filled. You are responsible for payment of the pharmacy fee. 	<p>Ten hours before the appointment:</p>	<ul style="list-style-type: none"> Do not eat or drink anything except for water Note: if you are diabetic, eight hours fasting is acceptable. 	<p>The morning of the appointment:</p>	<ul style="list-style-type: none"> If the xylose is in a powder form, dissolve it in up to 250mL of water. Bring the drink with you to the laboratory. Do not drink it at home. Be prepared to stay at the laboratory for the duration of the test. The xylose test consists of one blood collection before the drink and another blood collection one hour after the drink. Bring a warm sweater or jacket to put on and if you wish, a snack to eat after all testing is finished.
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<p>Risks or Cautions</p>	<ul style="list-style-type: none"> To ensure the accuracy of test results, the instructions must be followed very carefully. 						
<p>Lab Requisition</p>	<ul style="list-style-type: none"> Bring your requisition to your local laboratory. 						
<p>Questions About Your Collection?</p>	<p>Laboratory location, hours and contact information may be found at:</p> <ul style="list-style-type: none"> https://myhealth.alberta.ca Health Link Alberta at 811 						