


<p>Labelling the Specimen</p>	<p>Label the collection container provided by the collection site with the following information:</p> <ul style="list-style-type: none"> • Your (the patient) full first and last name • The date and time of specimen collection • Your unique personal health number (PHN or ULI#) Alberta PHN is found on the Alberta Personal Health Card  <p>If you do not have a PHN or ULI please ask your local laboratory for alternatives. Please note all specimens need 2 identifiers to be processed.</p>
<p>Lab Requisition</p>	<ul style="list-style-type: none"> • Print the date and time the specimen was collected on your lab requisition. • Fold and place the requisition in the outside pocket of the biohazard bag provided.
<p>Collecting the Specimen</p>	<ol style="list-style-type: none"> 1. Collect the loose watery stool specimen in one of the following ways (Do not allow the specimen to come into contact with urine or toilet water): <ul style="list-style-type: none"> ○ Directly into an empty, clean, plastic wide mouthed container (e.g. clean ice cream pail). ○ By placing a clean piece of plastic wrap or large plastic bag over the toilet opening (but under the toilet seat). The stool specimen can be passed onto the plastic. ○ By collecting from a diaper: fasten plastic kitchen wrap to diaper using childproof safety pins. After the bowel movement, remove loose watery stool from the liner 2. Transfer at least one tablespoon of loose stool specimen or stool water into the specimen container provided by the collection site. Ensure the lid is sealed tightly. 3. Seal the specimen container provided by the collection site in the zip lock section of the biohazard bag provided. 4. Freeze the specimen immediately but no later than 2 hours after collection.
<p>Specimen Delivery to Lab</p>	<p>Bring your requisition and frozen specimen to your local laboratory on the day of collection or as soon as possible. Deliver in a manner that allows it to remain frozen, e.g. ice pack. If the specimen is not received frozen, it will need to be recollected.</p>
<p>Questions About Your Collection?</p>	<p>Laboratory location, hours and contact information may be found at:</p> <ul style="list-style-type: none"> • www.albertaprecisionlabs.ca • Alberta Precision Laboratories at 1-877-868-6848 • Health Link Alberta at 811