



## Midstream Urine Collection Instructions

Follow instructions to  
reduce specimen  
contamination and  
provide accurate results.



1

Wash hands with soap and water.



Unscrew collection container lid and do not touch  
the inside of container or lid. Place lid upside down  
on counter.

2

Take towelette(s) provided and wipe genital area thoroughly.

Separate skin folds of  
urinary opening and  
wipe area from front  
to back only.  
Continue to hold skin  
folds apart for  
collection.



Wipe the head of the  
penis. If applicable,  
pull back foreskin  
before cleaning.  
Continue to hold  
foreskin back for  
collection.



Discard towelette(s) into the garbage.

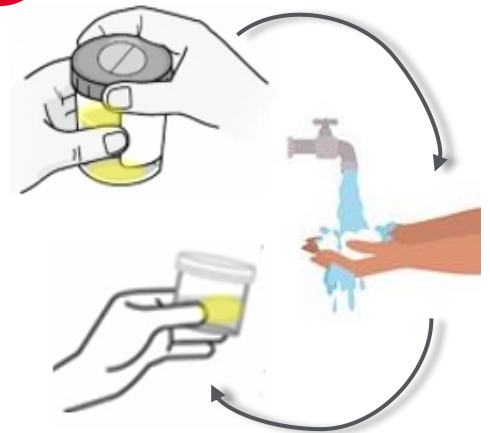
3

Begin urinating (pee) into the toilet.



5

Tighten lid onto container  
and wash hands.



Place container in the  
designated area or give to  
laboratory staff.

4

Continue to urinate (without stopping), hold container  
under urine stream and fill  $\frac{1}{2}$  to  $\frac{3}{4}$  full.



Finish urinating into the toilet.