

Gestational Diabetes Screen

How to Prepare	<p>Contact the laboratory at 1-877-868-6848 to book an appointment or book on-line at https://www.albertaprecisionlabs.ca. Ensure the test is booked at least 1.5 hours before the lab closing time.</p> <ul style="list-style-type: none"> The Gestational Diabetes Screen takes about 1 to 1.5 hours. You must stay at the laboratory site for the entire time. Fasting is not necessary. Prescription medication is permitted. 						
Risks or Cautions	<p>Potential allergy to the drink ingredients The drink provided for the Gestational Diabetes Screen test includes the following ingredients:</p> <table border="1"> <thead> <tr> <th>Flavoured Drink</th><th>Unflavoured Drink</th></tr> </thead> <tbody> <tr> <td>Azer Scientific – Orange Flavoured¹</td><td>Simply Pure Glucose Drink¹</td></tr> <tr> <td> <ul style="list-style-type: none"> Dextrose (derived from corn) Citric acid Artificial flavouring Sodium benzoate FD&C Yellow #6 Purified water </td><td> <ul style="list-style-type: none"> Dextrose (derived from corn) Potassium sorbate (0.2%) Purified water </td></tr> </tbody> </table> <p>If you are allergic to any ingredients in either of these drinks, consult with your physician to determine testing alternatives before coming to the lab.</p> <p>Alternative drinks provided by the patient will not be accepted because they have not been validated by the laboratory.</p>	Flavoured Drink	Unflavoured Drink	Azer Scientific – Orange Flavoured¹	Simply Pure Glucose Drink¹	<ul style="list-style-type: none"> Dextrose (derived from corn) Citric acid Artificial flavouring Sodium benzoate FD&C Yellow #6 Purified water 	<ul style="list-style-type: none"> Dextrose (derived from corn) Potassium sorbate (0.2%) Purified water
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During the procedure	<ul style="list-style-type: none"> You will be given a glucose drink that you will be encouraged to finish within 5 minutes. You will have a blood specimen taken at 1 hour after you finish the drink. <p>IMPORTANT:</p> <ul style="list-style-type: none"> You cannot leave the laboratory during the procedure. You may NOT smoke, eat, chew or drink (except small amounts of water) during the test. Notify the laboratory staff if you feel sick during the test. You may use the washroom. 						
After the procedure	<ul style="list-style-type: none"> You may resume normal diet and activities at the conclusion of the test. 						
Questions About Your Collection?	<p>Laboratory location, hours and contact information may be found at:</p> <ul style="list-style-type: none"> www.albertaprecisionlabs.ca Alberta Precision Laboratories at 1-877-868-6848 Health Link Alberta at 811 						

1. Azer Scientific. [Ingredient List for Glucose Drinks.pdf \(azerscientific.com\)](http://www.azerscientific.com)