

Sputum for Cytology (LTR71427)

Last Approved Time: 11/11/2022

Revision: 2.50

Specimen will **not** be tested if label or requisition is missing information.

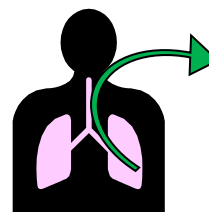
Please follow the instructions below for accurate test results.

The best time to collect the specimen is right after getting out of bed in the morning.

Brush your teeth and rinse your mouth with water.



Open the cup.
Hold the cup very close to your mouth.
Take a deep breath and cough deeply from your chest.
The specimen from your lungs is called sputum.
Put the sputum into the cup. Sputum should be thick, not watery.
Sputum may be yellow or green.
A minimum of 15 mL or 1 tablespoon of sputum is required.
Please do **not** put saliva from your mouth into the cup.



Put the lid on the cup and close tightly.



Make sure the cup is labelled with **all** of the following:

- Full first and last name
- Healthcare number
- Date and time of collection



Jane Doe
12345 6700
Date Jan 3
Time 9:00am

Put the specimen cup in the section of the bag that closes and close the ziplock.

Wash your hands with soap and water.



Put your requisition in the outer pocket of the bag.

Take the specimen and the requisition to the laboratory as soon as possible.
Specimen must arrive in the laboratory within **2 hours** of collection.
Store in refrigerator if not going directly to the laboratory.
